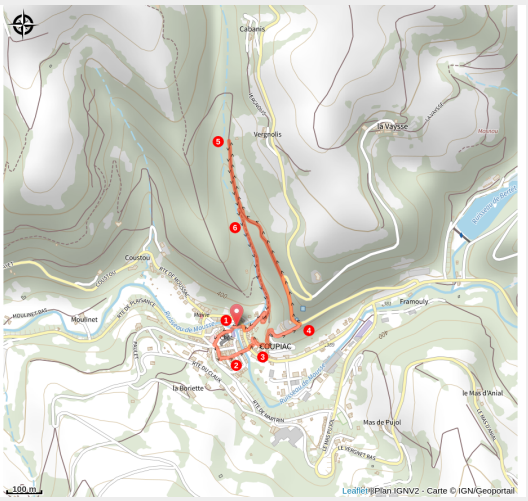
Notre Dame de Massillergue trail

Des falaises de Roquefort au Rougier



Village de Coupiac (Virginie Govignon)



From Coupiac medieval castle to the charming small valleys surrounding the village, this trail offers an opportunity to enjoy a short getaway in a haven of freshness, walking to the quiet splashing of a brook.

Under the porch of Coupiac church is the Romanesque tympanum of Notre-Dame de Massillergues. A little way away from the village, is the location of a church which no longer exists and where now stands a contemporary chapel. Between the two sites there is a pleasant family loop that runs its way through a green forested setting from where you never really lose sight of the castle towers!

Useful information

Practice : Trekking

Duration : 1 h

Length : 1.9 km

Trek ascent : 81 m

Difficulty : Very easy

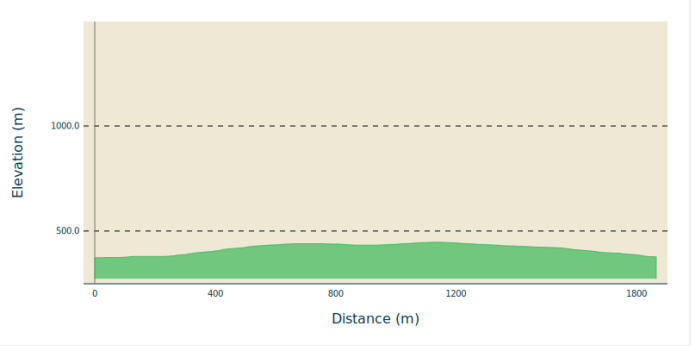
Type : Loop

Themes : History and heritage, Panorama, Water

Trek

Departure : Post Office square in Coupiac
Arrival : Post Office square in Coupiac
Markings : PR
Cities : 1. Coupiac

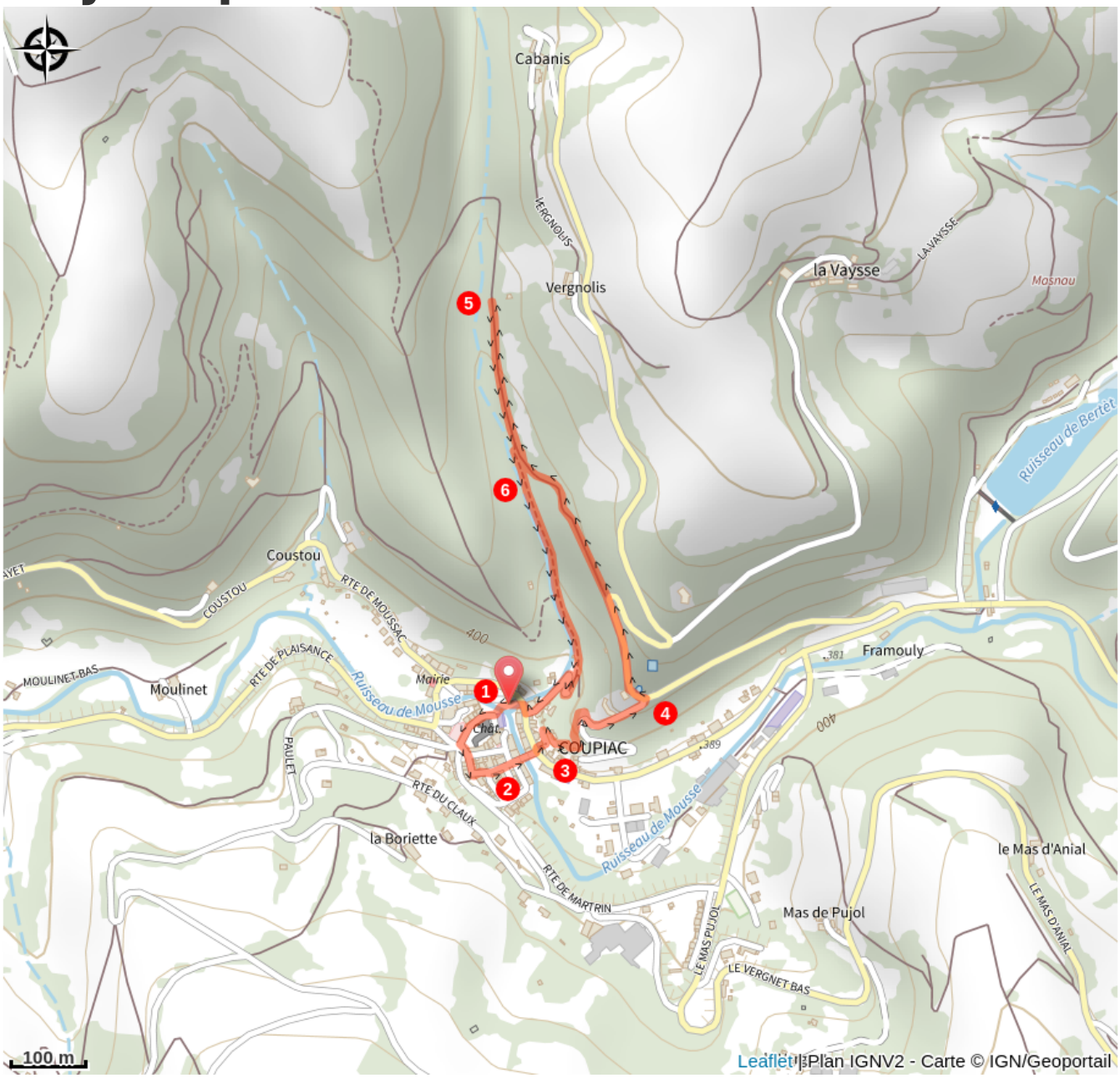
Altimetric profile



Min elevation 373 m Max elevation 447 m

1. From the carpark of the Post Office square, walk to the entrance of the castle. Once you are in front of the entrance, walk down the street to the right.
2. Once you've reached the square in the town centre, walk straight ahead up to the cross. Cross the street and go up the stairs.
3. At the top of the stairs, turn to the left then to the right by a hairpin bend. Follow the rising path up to the road, then turn left.
4. Just by the water tower, turn left. Follow the road up to the hairpin bend, then take a path on the left towards Massillergues. Follow the path up to the chapel.
5. Once you've reached the chapel, retrace your steps back to the path you took on the way there for 160 m, then leave it and take to the right a descending trail.
6. Walk along the brook until Coupiac.

On your path...


Cabanis
Vergnolis
la Vaysse
Masnou
Ruisseau de Berlet
Coustou
Moulinet
Framouly
Mairie
COUPIAC
Ruisseau de Mousse
la Boriette
le Mas d'Anial
Mas de Pujol
100 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Advices

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk

Gear

Prévoir une réserve d’eau et une tenue adaptée

How to come ?

Transports

Getting around by bus or by train: https://lio.laregion.fr/

Carsharing: BlaBlaCar, Rézo Pouce, Mobicoop, Idvroom, LaRoueVerte, Roulez malin

Access

From St Sernin/Rance, take the D33 up to Coupiac (a 20 minute drive approximately)

Advised parking

Post Office square in Coupiac

Information desks

OT Pays du Roquefort
Avenue de Lauras, 12250 Roquefort/ Soulzon

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/

