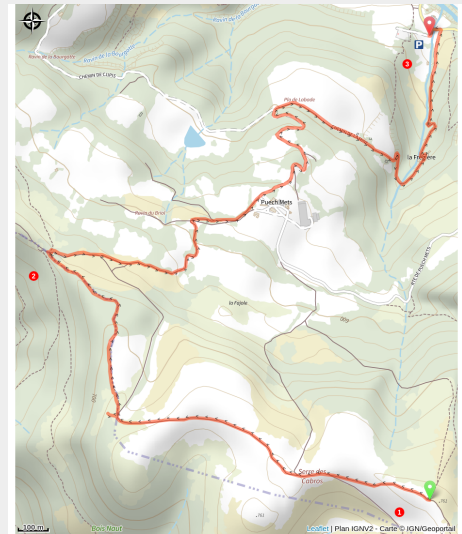


Mur de la Loubière Descent Time Trial

Des falaises de Roquefort au Rougier



Plateau de la Loubière (Fest'Trail Causses & Rougier)



A refreshing traverse of the Loubière Plateau, highlighting its ridges and majestic panoramic views, before an easy descent to Lapeyre via the hamlet of Puech-Mets.

The time trial... and a timeless trail. An experienced runner, you've just "climbed" the Loubière Wall. Now for the less intense second stage: on the way back, explore this plateau, rich in wild orchids, while taking in stunning views of the ridges, all the way to the Croix del Pas, the starting point for the descent. The perfect way to get a breath of fresh air!

Useful information

Practice : Trail

Duration : 30 min

Length : 5.1 km

Trek ascent : 7 m

Difficulty : Easy

Type : Downhill

Themes : Panorama

Trek

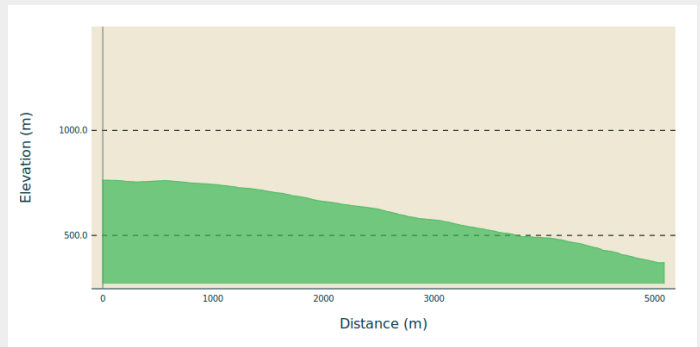
Departure : Loubière Plateau

Arrival : Hiker's car park below Lapeyre cemetery

Markings :  PR

Cities : 1. Versols-et-Lapeyre
2. Gissac

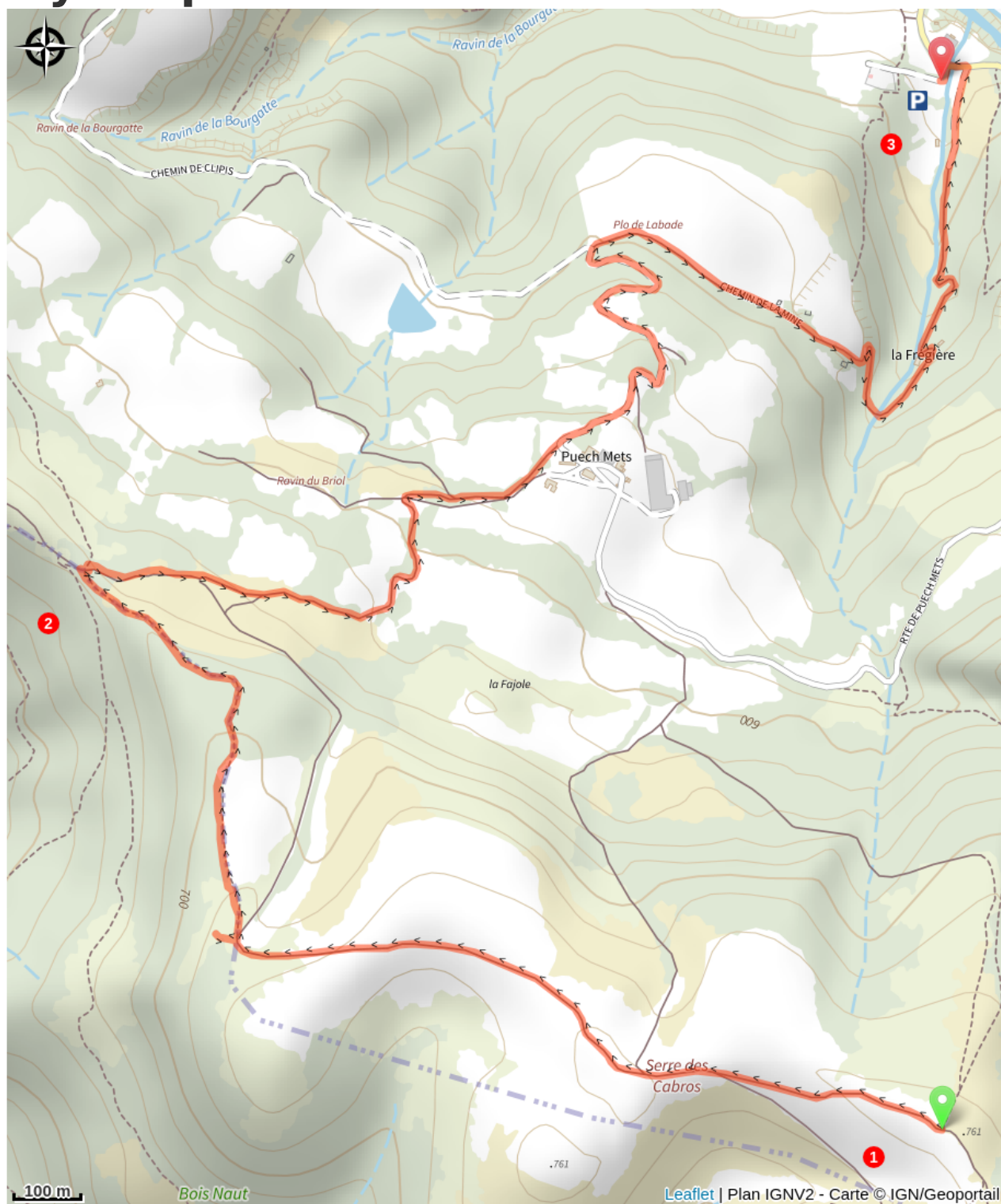
Altimetric profile



Min elevation 370 m Max elevation 764 m

1. At the finish of the "Chrono Mur de la Loubière", follow the signs towards Croix del Pas.
2. At Croix del Pas, turn right and follow the route marked "Lapeyre via Puech-Mets".
3. Follow the drivable track downhill to Lapeyre Cemetery, where the car park is located.

On your path...



All useful information

Advices

1L water supply - energy snacks

Wear sturdy footwear, as the trail is quite rocky and includes steep slopes.



Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the [Tourist Office website](#).

Advised parking

Hiker's car park

Information desks

Saint-Affrique Tourist Office

Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>

