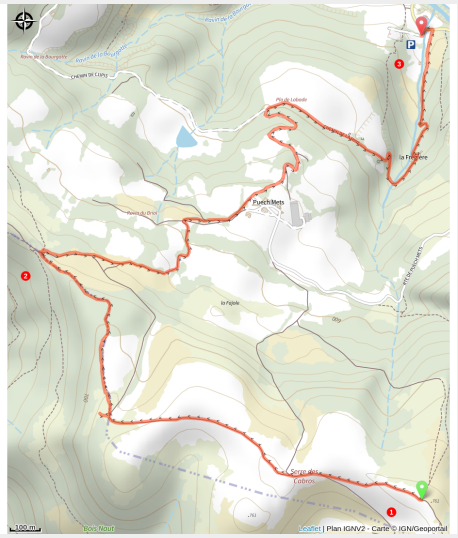
Mur de la Loubière Descent Time Trial

Des falaises de Roquefort au Rougier



Plateau de la Loubière (Fest'Trail Causses & Rougier)



A refreshing traverse of the Loubière Plateau, highlighting its ridges and majestic panoramic views, before an easy descent to Lapeyre via the hamlet of Puech-Mets.

The time trial... and a timeless trail. An experienced runner, you've just "climbed" the Loubière Wall. Now for the less intense second stage: on the way back, explore this plateau, rich in wild orchids, while taking in stunning views of the ridges, all the way to the Croix del Pas, the starting point for the descent. The perfect way to get a breath of fresh air!

Useful information

Practice : Trail

Duration : 30 min

Length : 5.1 km

Trek ascent : 7 m

Difficulty : Easy

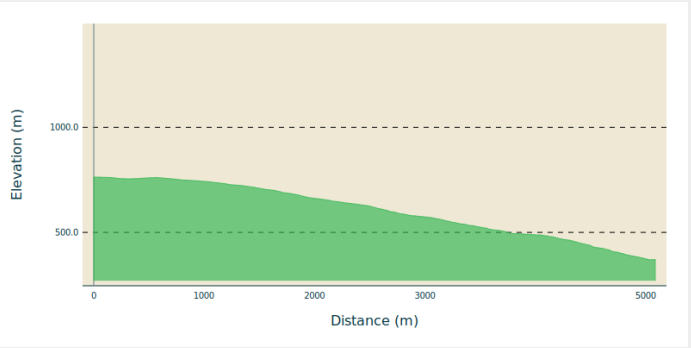
Type : Downhill

Themes : Panorama

Trek

Departure : Loubière Plateau
Arrival : Hiker’s car park below Lapeyre cemetery
Markings : PR
Cities : 1. Versols-et-Lapeyre
2. Gissac

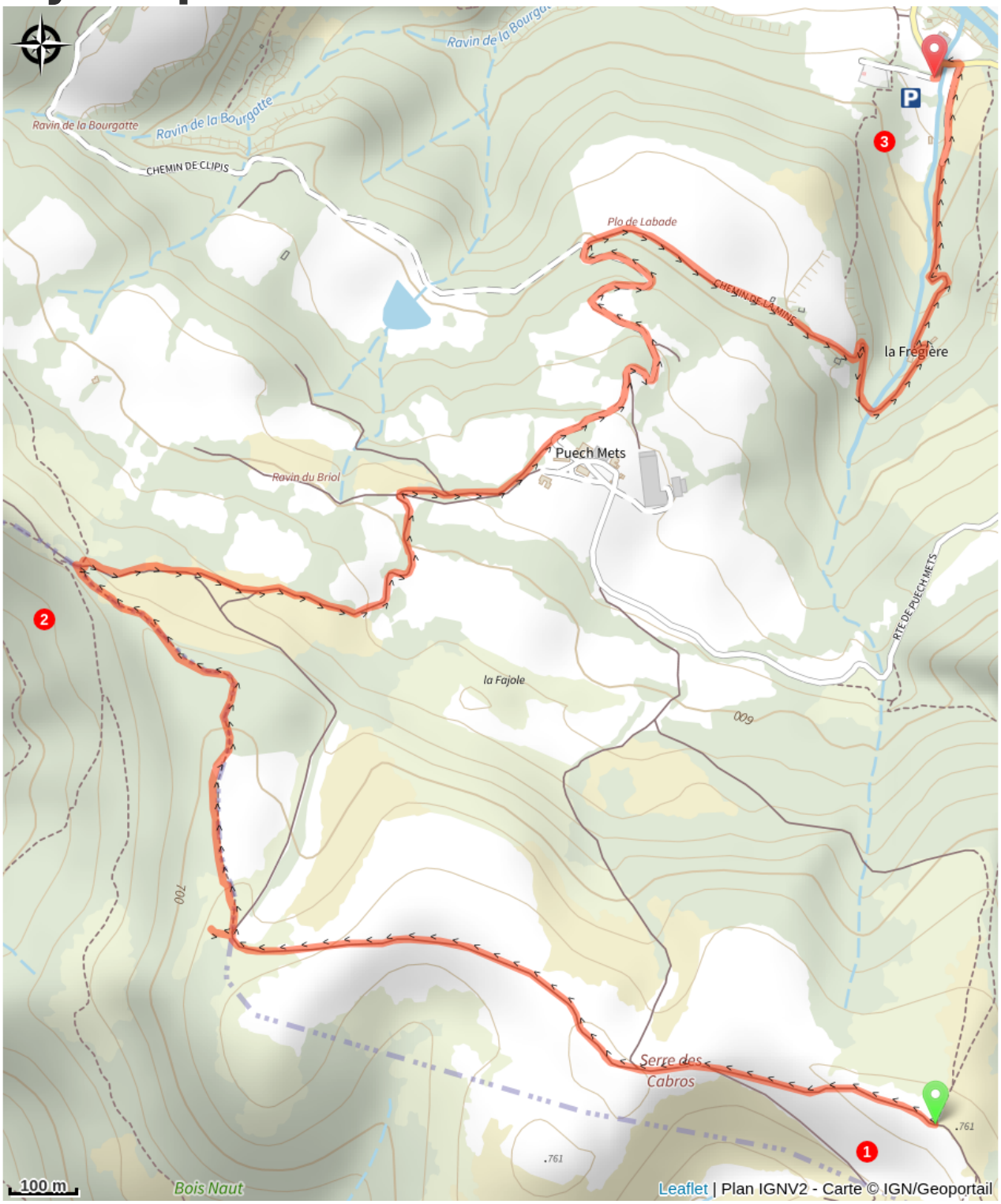
Altimetric profile



Min elevation 370 m Max elevation 764 m

1. At the finish of the "Chrono Mur de la Loubière", follow the signs towards Croix del Pas.
2. At Croix del Pas, turn right and follow the route marked "Lapeyre via Puech-Mets".
3. Follow the drivable track downhill to Lapeyre Cemetery, where the car park is located.

On your path...


Ravin de la Bourgatte
Ravin de la Bourgatte
CHEMIN DE CLIPIS
Plo de Labade
CHEMIN DE LA MINE
la Fregière
Puech Mets
Ravin du Briol
RTE DE PUECH METS
la Fajole
Serre des Cabros
Bois Naut
100 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Advices

1L water supply - energy snacks
Wear sturdy footwear, as the trail is quite rocky and includes steep slopes.

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Advised parking

Hiker’s car park

Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique
contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/

