VTT N°48 - From La Baraque froide to Belvezet

Des Gorges du Tarn au Causse du Larzac



La croix de Cazejourdes (Virginie Govignon - OT Larzac et Vallées)



A landscape of steppes and moors as far as the eye can see forms the case of this accessible to everyone ride on the southern Larzac. In the middle, a jewel : the templar village of La Couvertoirade.

Folllowing rolling tracks and single-track trails, this family loop takes you to the heart of the Larzac and its agropastoral tradition. The cobbled watering place of La Baraque Froide, the typical farms of Gaillac and La Salvetat, the village of La Couvertoirade, one of the most beautiful villages of France, mark this route. Fill up on great outdoors!

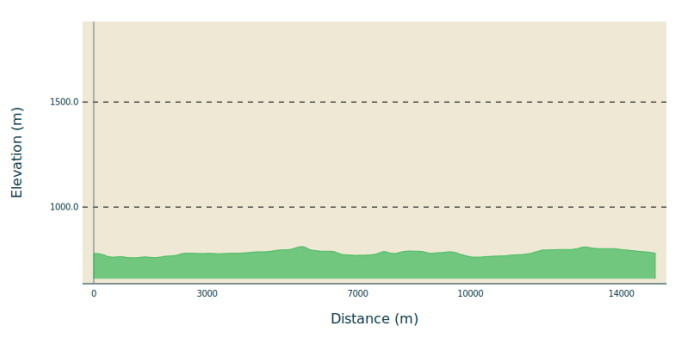
Useful information

- Practice : VTT
- Duration : 1 h 30
- Length : 14.9 km
- Trek ascent : 148 m
- Difficulty : Very easy
- Type : Loop
- Themes : Agropastoralism
- Accessibility : VTTAE

Trek

Departure : La Baraque Froide
Arrival : La Baraque Froide
Markings : VTT Parc
Cities : 1. La Couvertoirade
2. Sauclières

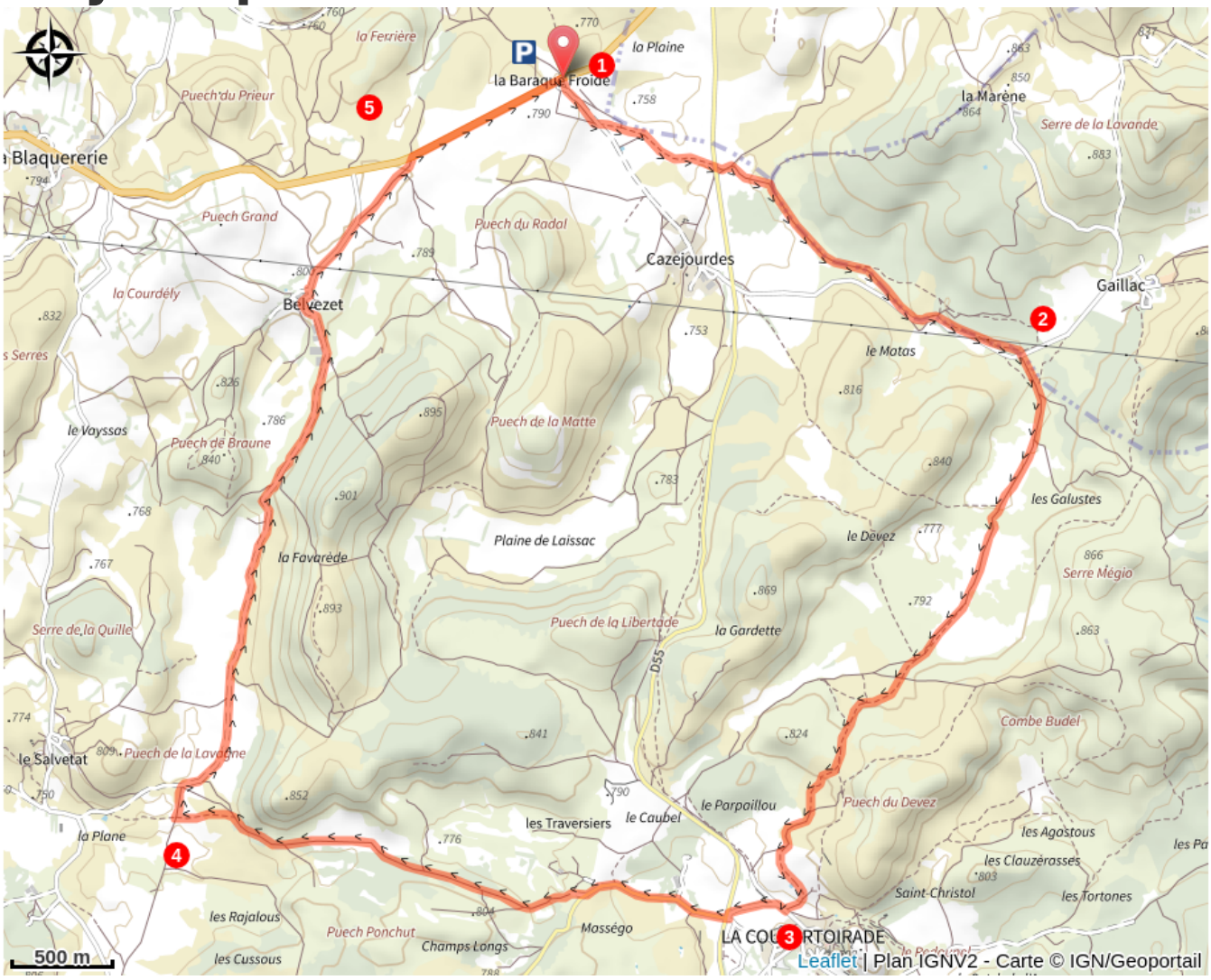
Altimetric profile



Min elevation 759 m Max elevation 812 m

1. From the car park, go on the track towards south-east to cross the Cazejourdes plain and arrive to the road D55. Cross the road and take the path that is almost in front to ride on a track for about 1km before meeting the road that goes to the “Domaine de Gaillac” (equestrian center, museum of Southern Aveyron Traditions and restaurant).
2. Cross it and continue on a succession of tracks and singles to the road that leads to the famous fortified village of La Couvertoirade (follow it on the left to visit the Templar and Hospitaller site).
3. Turn right to get to the D55 and go straight on the road D185 towards “La Pezade" for 700m then take a track on the right for about 2,5km.
4. Before arriving to La Salvetat, turn right on the track to Belvezet (typical hamlet of the Larzac Causse). Go through the hamlet then follow the road and take right to join the D7.
5. Take it to the right to reach the starting point.

On your path...


la Ferrière
la Plaine
la Baraque Froide
Puech du Prieur
la Marène
Serre de la Lavande
Blaquererie
Puech Grand
Puech du Radal
Cazejourdes
Gaillac
la Courdély
Belvezet
le Matas
le Vayssas
Puech de la Matte
Puech de Braune
les Galustes
Plaine de Laissac
le Devez
la Favarède
Serre Mégio
Serre de la Quille
Puech de la Libertade
la Gardette
D55
Combe Budel
le Salvetat
Puech de la Lavagne
le Parpaillou
Puech du Devez
les Traversiers
le Caubel
la Plane
les Agostous
les Clauzérasses
Saint-Christol
les Tortones
les Rajalous
Puech Ponchut
Champs Longs
Masségo
les Cussous
500 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

Advices

Cet itinéraire traverse des zones de pâturages et des chiens de protection sont dans les troupeaux pour les protéger.
En présence de chiens de protection :
- arrêtez-vous et descendez du vélo pour qu'ils vous identifient, restez calme et passif, ne les menacez-pas, ne les caressez pas
- contournez largement le troupeau et gardez vos distances afin de le déranger le moins possible
- repartez en marchant à côté du vélo
- tenez vos chiens en laisse.
En savoir plus

How to come ?

Transports

To travel by bus or train: by carpooling Aires de covoiturage and hitchhiking Rezopouce

Access

From Millau by the D809, then the D7.
From the motoway A75, exit 48, take the direction of Nant.

Advised parking

At La Baraque Froide, near the cobbled watering place

Accessibility

VTTAE

Information desks

Tourist Office Larzac et Vallées
Place du Claux, 12230 NANT

infos@tourisme-larzac.com
Tel : +33(0)565622364
http://www.visit-larzac.com/



Source

C.C. Larzac et Vallées - Site Grands Causses VTT-FFC N°321

Site VTT cofinancé par l'Union Européenne.

Sites VTT FFC