

VTT N°14 - From la Baraque Froide to La Blaquèrerie

Des Gorges du Tarn au Causse du Larzac



Sur le plateau du Larzac (Virginie Govignon - OT Larzac et Vallées)



Fortified village and fortifying loop in perspective! Dominated by the stone vessel of La Couvertoirade, here is a demanding mountain bike hike to sail on this ancient sea of the Causses.

To your hemlets : a great getaway awaits you, between trails and single-tracks, on the south side of the Larzac. In the middle of Causse areas or under the shaded vault of splendid box-tree hedges, the landscape tells you a whole story : pastoralism with farms and cobbled watering places, the Templar Knights with La Couvertoirade. Beautiful!

Useful information

Practice : VTT

Duration : 2 h

Length : 19.7 km

Trek ascent : 239 m

Difficulty : Medium

Type : Loop

Themes : Agropastoralism, Flora, History and heritage

Accessibility : VTTAE

Trek

Departure : La Baraque Froide

Arrival : La Baraque Froide

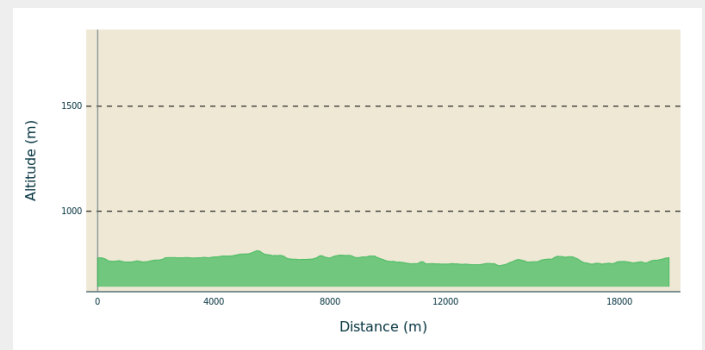
Markings : ➡ VTT Parc

Cities : 1. La Couvertoirade

2. Sauclières

3. Cornus

Altimetric profile



Min elevation 741 m Max elevation 812 m

1. From the car park, go on the track towards south-east to cross the Cazejourdes plain and arrive to the road D55. Cross the road and take the path that is almost in front to ride on a track for about 1km before meeting the road that goes to the “Domaine de Gaillac” (equestrian center, museum of Southern Aveyron Traditions and restaurant).
2. Cross it and continue on a succession of tracks and singles to the road that leads to the famous fortified village of La Couvertoirade (follow it on the left to visit the Templar and Hospitaller site).
3. Turn right to get to the D55 and go straight on the road D185 towards “La Pezade” on 700m, then turn right on a track to La Salvetat. After the beautiful typical farm, leave the road to enter a box hedge, parallel to a track and continue to “Le Cun” following a series of magnificent box-lined paths.
4. At “Le Cun” turn right and continue on a well-rolling track for 2km until “La Blaquèrerie”. Go through the village to reach the D7.
5. Take the road in front slightly on the right towards “La Portalerie”. Go on for 1km then turn right on the old railway for 1,6km, then turn right to come back to the parking.

On your path...



All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

Advices

Cet itinéraire traverse des zones de pâturages et des chiens de protection sont dans les troupeaux pour les protéger.

En présence de chiens de protection :

- arrêtez-vous et descendez du vélo pour qu'ils vous identifient, restez calme et passif, ne les menacez pas, ne les caressez pas
- contournez largement le troupeau et gardez vos distances afin de le déranger le moins possible
- repartez en marchant à côté du vélo
- tenez vos chiens en laisse.

[En savoir plus](#)

How to come ?

Transports

To travel [by bus or train](#): by carpooling [Aires de covoiturage](#) and hitchhiking [Rezopouce](#).

Access

From Millau by the D809, then the D7.

From the motorway A75, exit 48, take the direction of Nant.

Advised parking

At La Baraque Froide, near the cobbled watering place

Accessibility



VTTAE

Information desks

Tourist Office Larzac et Vallées

Place du Claux, 12230 NANT

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<http://www.visit-larzac.com/>



Source



C.C. Larzac et Vallées - Site VTT-FFC N°269



Site VTT cofinancé par l'Union Européenne.