

Hiking path throughout the Tiergues and Soulsou Causses

Des falaises de Roquefort au Rougier



Dolmen de Tiergues (Roquefort Tourisme)



This circuit that leads you in the frontal causses across small valleys and ridges, displays a whole rich heritage and offers a getaway through time and space, with some superb views over Saint-Affrique.

Throughout stone tracks, low stone walls, a buissière and a pine plantation, this hike unveils some treasures of the local heritage: the Caylus rock, a former Seigneurial castle, the Tiergues dolmen, an outstanding megalith and the Soulsou farm. To get more info, a stop at the Maison de la Mémoire in Saint-Affrique is imperative!

Useful information

Practice : Trekking

Duration : 4 h 30

Length : 17.1 km

Trek ascent : 432 m

Difficulty : Medium

Type : Loop

Themes : Geology, History and heritage, Panorama

Trek

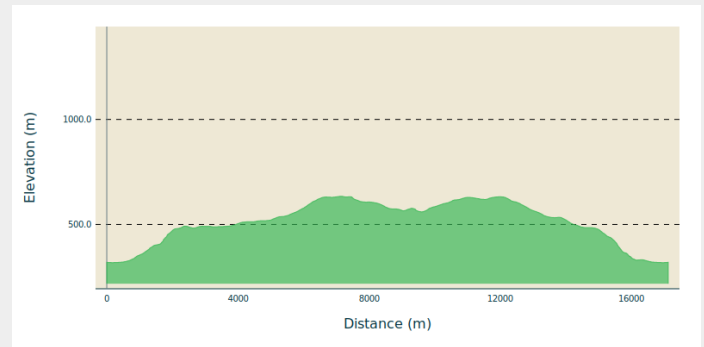
Departure : Parking Maréchal Foch à Saint-Affrique

Arrival : Parking Maréchal Foch à Saint-Affrique

Markings : — PR

Cities : 1. Saint-Affrique

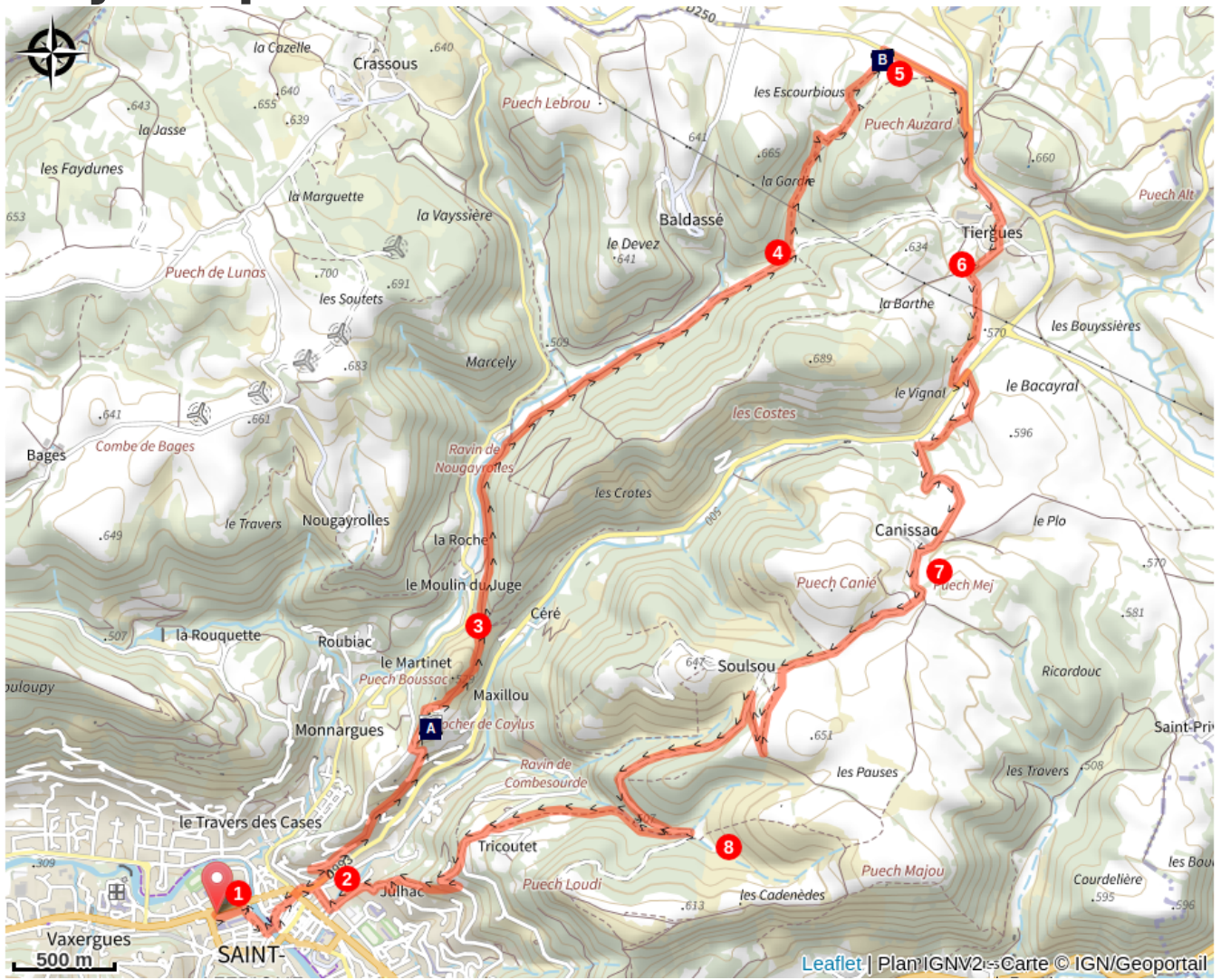
Altimetric profile



Min elevation 318 m Max elevation 634 m

1. From the Maréchal Foch square in Saint-Affrique, take the road towards Rodez (route de Tiergues). 100 m after the Painlevé square, pass under the porch to your left. Carry on the path and reach the junction with the road which you take to the right up to a sharp bend. Walk straight on a track until an intersection with a larger path. Take this rising path up to the road.
2. Take right the stone track, then follow the path that ascends progressively and overhangs the road to Tiergues.
3. When you reach the junction, take the track of the dale which runs parallel to the D50. Follow the ravine and the brook towards Tiergues.
4. At the signposted intersection, take to the left a rising wooded path which leads to the plateau where the Tiergues dolmen is located.
5. After your visit to the dolmen, walk to the right along the D250 and reach the hamlet of Tiergues. To get through the village, walk around the graveyard and walk past the church (notice the sundial on the façade of a house).
6. As you get to the intersection with the cross, fork to the left and follow the trail that slopes gently down towards the D993. Take this road for 70 m and leave it to join a footpath on the right, then reach the tarred road which leads to Canissac and go further up to the left.
7. Walk past the buildings up to the junction and head towards Soulsou. Walk around the farm to the South-East and take a wide trail which runs parallel to the ravine. Carry on in the middle of pine plantations until you reach an intersection.
8. Leave the main trail and take right a path that goes across the undergrowth and follow it to the junction with a tarmac road that you take to the left. Leave consecutively two roads going to the left, then 100 m after a bend and a place called "Julhac", take right a track up to a junction with a tarmac road that reaches the town centre.

On your path...



 Counts of Caylus' Castle (A)

 Tiergues dolmen (B)

All useful information

Advices

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk

Gear

Prévoir une réserve d'eau et une tenue adaptée

How to come ?

Transports

Travel by bus or train: <http://www.mobimipy.fr/>

Carpooling : [BlaBlaCar](#), [Rézo Pouce](#), [Covoiturage-libre](#), [Idvroom](#), [LaRoueVerte](#), [Roulez malin](#)

Access

Saint-Affrique is situated 31 km southwest of Millau via the D 992 and D 999

Advised parking

Parking place Maréchal Foch à Saint-Affrique

Information desks

OT Pays du Roquefort

Avenue de Lauras, 12250 Roquefort/
Soulzon

contact@roquefort-tourisme.fr

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>



Source

On your path...



Counts of Caylus' Castle (A)

This rock was used as the bedrock for the building of the Counts of Caylus' Castle of which nothing remains today

The castle was destroyed in retaliation of Count of Caylus' rebellion against his overlord Raymond VII, count of Toulouse, marquis of Provence and of Gothie.

Attribution : Roquefort Tourisme



Tiergues dolmen (B)

Listed as a historical monument, the Tiergues dolmen is part of the 20 or so dolmens which have been recorded in the area, some of them being poorly-preserved. The excavations of these megaliths were carried out by Emile Cartailhac during the 20th century and today their artefacts are scattered throughout Midi-Pyrennées (Rodez, Toulouse...)

Attribution : Roquefort Tourisme