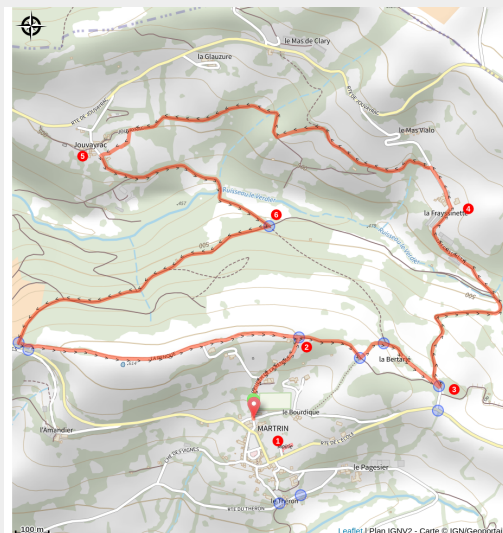


# The Jouvayrac trail

Des falaises de Roquefort au Rougier



Tour hospitalière de Martrin (LuciePinot)



The crest walking trail that overlooks the ancient Hospitaller Commandery in Martrin provides a spectacular panoramic view over the Grands Causses area and the hills of the Albi region.

Martrin welcomes you to enjoy a great getaway on the other side of the plateau that overlooks the village. This hiking loop leads you from small valleys to hamlets and takes you across a beautiful chestnut grove which was formerly owned by the Martrin Commandery. The scenery from the crest walking trail is really breathtaking, but remember to save some energy for the final slope!

## Useful information

Practice : Trekking

Duration : 2 h

Length : 6.0 km

Trek ascent : 243 m

Difficulty : Easy

Type : Loop

Themes : Flora, History and heritage, Panorama, Water

# Trek

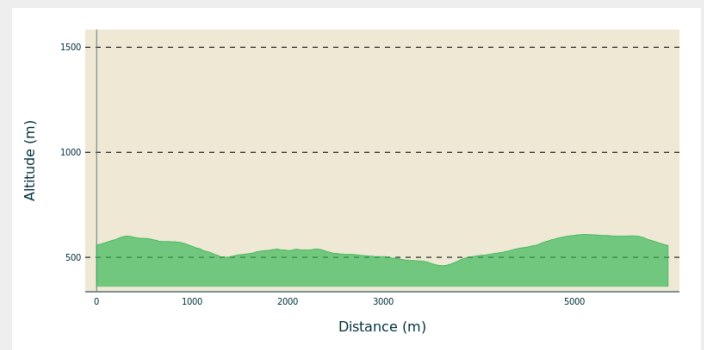
**Departure** : Place du village de Martrin

**Arrival** : Place du village de Martrin

**Markings** : — PR

**Cities** : 1. Martrin

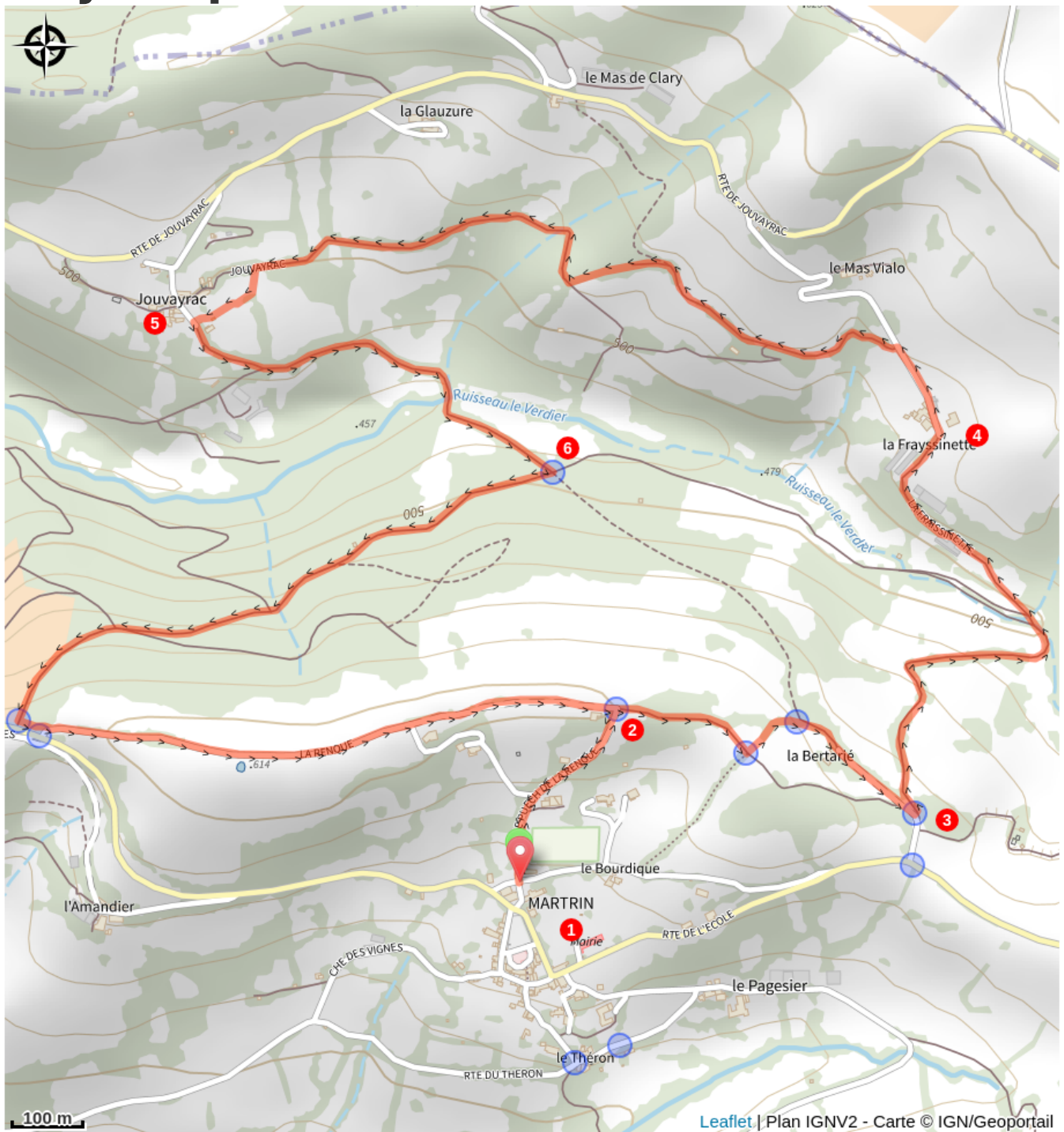
## Altimetric profile



Min elevation 460 m    Max elevation 609 m

1. In the Martrin village square, head your way towards the Grande Croix which is situated in the upper part of the village in the direction of Coupiac, then pass between the two houses and carry on above the stadium. Take to the left towards the plateau overlooking the village.
2. Once you have reached the crest walking trail, take to the right towards La Bertarié. When the weather is fine, the site offers a breathtaking scenery.
3. At the tarred track, take right for a few metres and at the intersection with the dirt road, turn to the left. You will then catch sight, further down to the right of the roof of the St Clément sanctuary fountain covered with old slatestones. The path then runs down to the bottom of the valley before rising uphill towards la Frayssinette.
4. When leaving the farm, walk above the stable and follow to the left the dirt road that winds its way up to the woodland below the Mas de Clary and the Glauzure. The hamlet of Jouvayrac will soon be within your sight.
5. In the hamlet, take to the left the path that slopes down towards the brook. The path rises throughout a beautiful chestnut grove that was in former times owned by the Martrin Commandery.

# On your path...



# All useful information



Prévoir une réserve d'eau et une tenue adaptée

## How to come ?

### Transports

Travel by bus or train: <https://lio.laregion.fr/>

Carpooling : [BlaBlaCar](#), [Rézo Pouce](#), [Mobicoop](#), [Idvroom](#), [LaRoueVerte](#), [Roulez malin](#)

### Access

From Millau, take the D992 and D999; from Clermont-Ferrand and Montpellier, via the A75, exit 46, then take D999; from Toulouse/Albi via the D999. Follow the D999 towards Combret. Take right the D90 towards Coupiac / Martrin / St-Juéry.

### Advised parking

Parking de la place du village de Martrin

## Information desks

### OT Pays du Roquefort

Avenue de Lauras, 12250 Roquefort/  
Soulzon

[contact@roquefort-tourisme.fr](mailto:contact@roquefort-tourisme.fr)

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>



## Source



Communauté de communes du St-Affricain

<http://www.roquefort-tourisme.fr/>