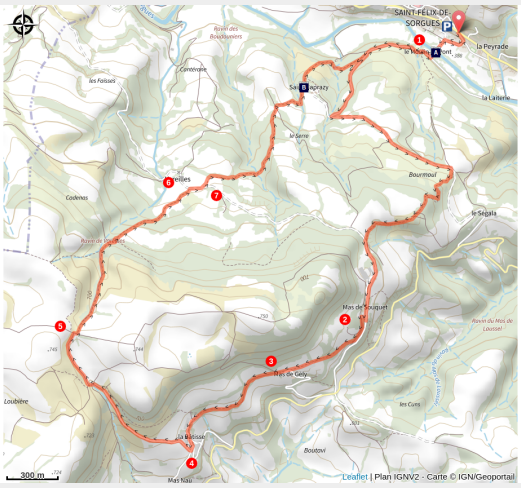
VTT N°11 - Loubière Foothills

Des falaises de Roquefort au Rougier



Contreforts de la Loubiere (Virginie Govignon)



A steep climb... and an exhilarating descent! From trails to hamlets, explore the foothills of the Loubière Plateau, a stunning landscape between the Sorgues Valley and the Rougier of Camarès.

The route starts with a physical challenge, climbing up from Saint-Félix-de-Sorgues before continuing through forests and buissières along the foothills of the Loubière Plateau. From farms to hamlets, junipers to fir trees, make your way through a magnificent landscape. And for those who love the thrill of downhill riding, the route offers a moment of pure mountain biking bliss !

Useful information

Practice : VTT

Duration : 1 h 30

Length : 9.9 km

Trek ascent : 387 m

Difficulty : Hard

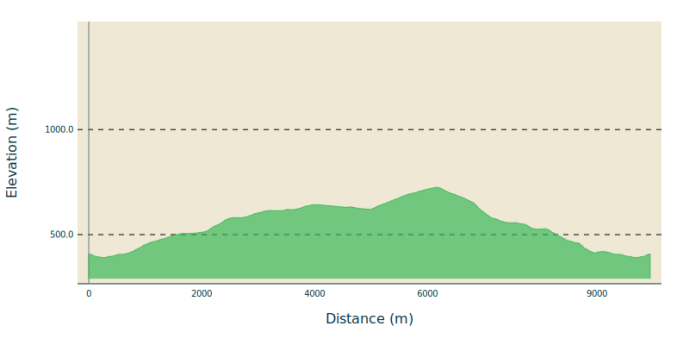
Type : Loop

Themes : History and heritage, Panorama

Trek

Departure : Car park in front of the primary school, Saint-Félix-de-Sorgues
Arrival : Car park in front of the primary school, Saint-Félix-de-Sorgues
Markings : PR VTT Parc
Cities : 1. Saint-Félix-de-Sorgues

Altimetric profile

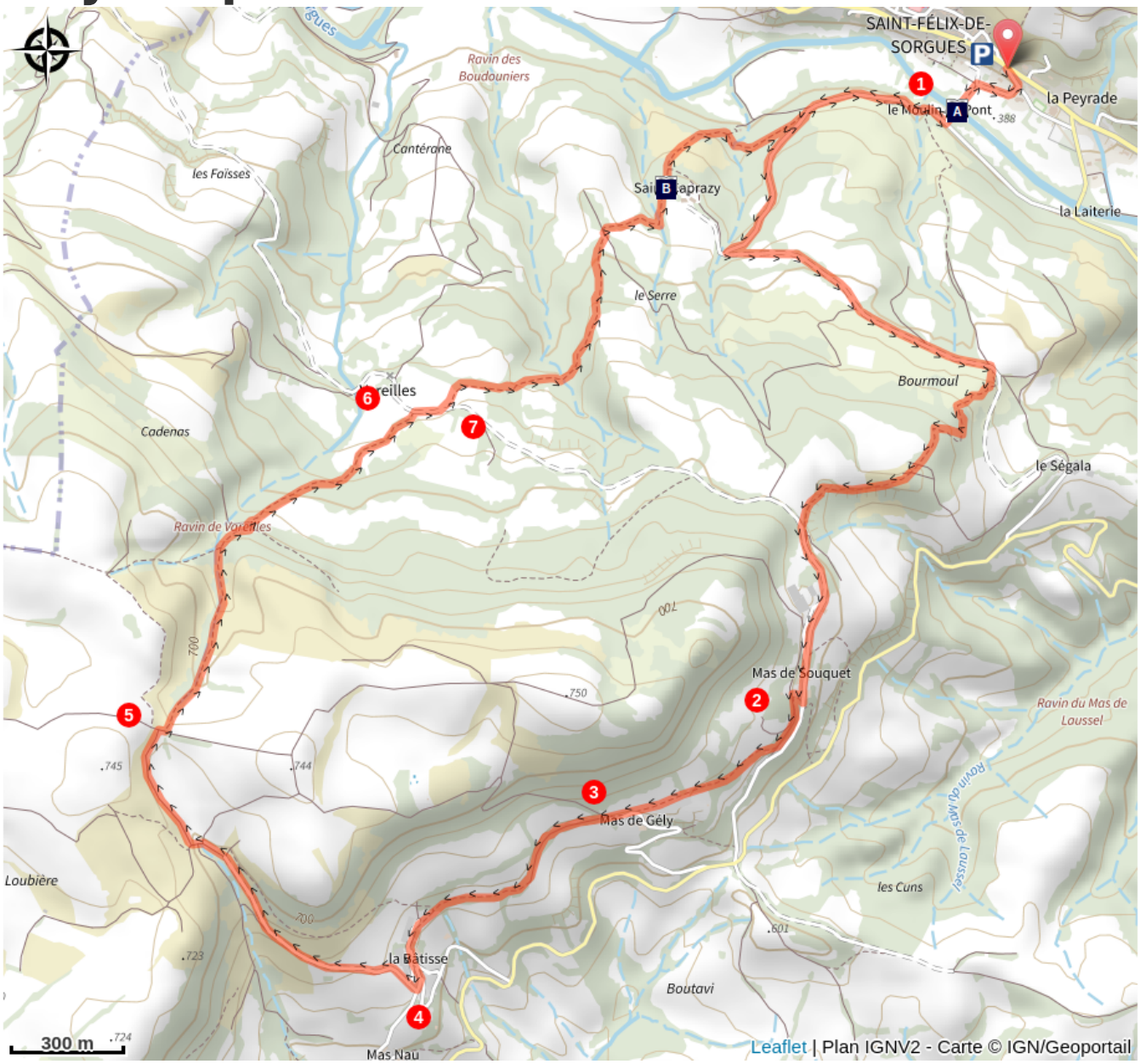


Min elevation 390 m Max elevation 725 m

From the car park opposite the primary school, head straight down to the right towards the Pont Vieux.

1. After crossing the Pont Vieux over the Sorgues, turn right onto the road towards Saint-Caprazy and follow it for 900 m. At the bend before the hamlet, take the track on the left for 800 m, then turn right and tackle a steep climb towards the Mas de Souquet farm.
2. Instead of following the paved road, take the trail along the contour line, leading to Mas de Gély, which you go around on the right.
3. After the cross perched on a wall, continue straight towards the hamlet of La Batisse.
4. Once you have gone around the sheepfold, head due west and climb the 1,500 m to the highest point at 730 m.
5. At the col, take the trail hidden among the boxwood (buissière), which leads towards Vareilles.
6. At the foot of two large fir trees, climb slightly to the right.
7. Turn left; about 100 m further on, the trail descends towards Saint-Félix, passing through the medieval hamlet of Saint-Caprazy.

On your path...



📖 Old Bridge of Saint-Félix-de-Sorgues (A)

📖 Saint-Caprasy Estate (B)

All useful information

Advices

At the start of the descent towards Vareilles, two trees on either side of the buissière (a singletrack bordered by boxwood and oak trees) make the passage particularly narrow. Take care if you have wide handlebars.

The box tree moth is active from May to October. Its caterpillars feed on boxwood leaves, leaving the plants bare. They descend from the trees and move around on threads (which can be annoying when hiking, but are harmless).

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Access

From St-Affrique drive towards the Sorgues valley via the D7 road up to St-Félix-de-Sorgues (15 km).

Advised parking

Car park in front of the primary school, Saint-Félix-de-Sorgues

Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source

Sites VTT FFC

On your path...



📖 Old Bridge of Saint-Félix-de-Sorgues (A)

The Old Bridge, a true masterpiece of medieval architecture, is one of the symbols of Saint-Félix-de-Sorgues. Stretching about 70 meters, this humpback bridge features three semicircular arches, including a main arch supported by sturdy piers with triangular cutwaters upstream and widened downstream buttresses that create small pedestrian refuges.

Its carefully crafted masonry and precisely assembled vaults likely date from the late 13th or early 14th century. Listed in the national heritage inventory but not formally protected as a historic monument, the bridge now requires maintenance work to preserve both its beauty and structural integrity.

Attribution : Xavier Waerzeggers



📖 Saint-Caprasy Estate (B)

Recorded as early as 1026, Saint-Caprazy is an important historic site in Saint-Félix-de-Sorgues. Around 1150, Gaubert de Saint-Caprazy became the first commander of the Knights Hospitaller of Saint John in Saint-Félix, who maintained their authority there for more than six centuries.

This medieval hamlet still includes several buildings: a dwelling house, a barn, a sheepfold, a chapel, and other agricultural structures, all bearing witness to its rural and religious past.

Attribution : Xavier Waerzeggers