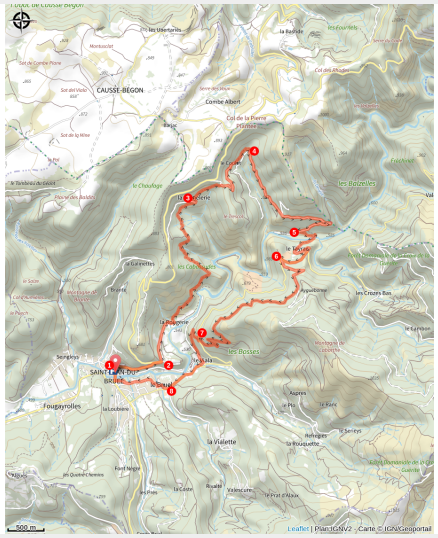
The upper Dourbie Valley via La Rougerie

Des Gorges du Tarn au Causse du Larzac



Sur le chemin avant le Moulin Bondon (Virginie Govignon - OT Larzac et Vallées)



Near the Cévennes mountains, explore both sides of the Dourbie gorges: superb hamlets and breathtaking panoramas await you.

This hike is a variation of the "Upper Dourbie Valley" circuit: instead of taking the old rural road from Saint-Jean to Trêves, you will cross the hamlet of La Rougerie and then take a path that climbs to La Brunelerie. Again, proceed with caution, enjoying the views... and taking the time for a swim if you feel like it!

Useful information

Practice : Trekking

Duration : 4 h

Length : 15.9 km

Trek ascent : 604 m

Difficulty : Hard

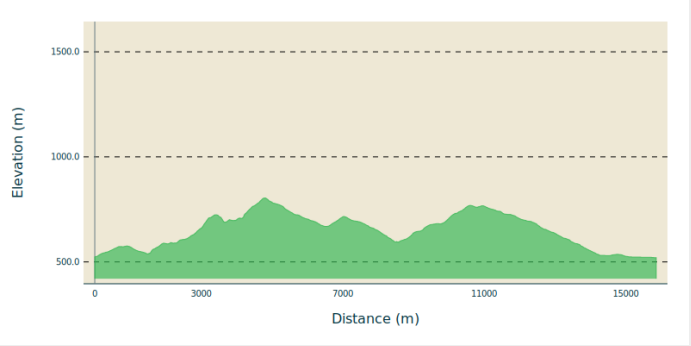
Type : Loop

Themes : Panorama

Trek

Departure : St-Jean du Bruel
Arrival : St-Jean du Bruel
Markings : PR
Cities : 1. Saint-Jean-du-Bruel

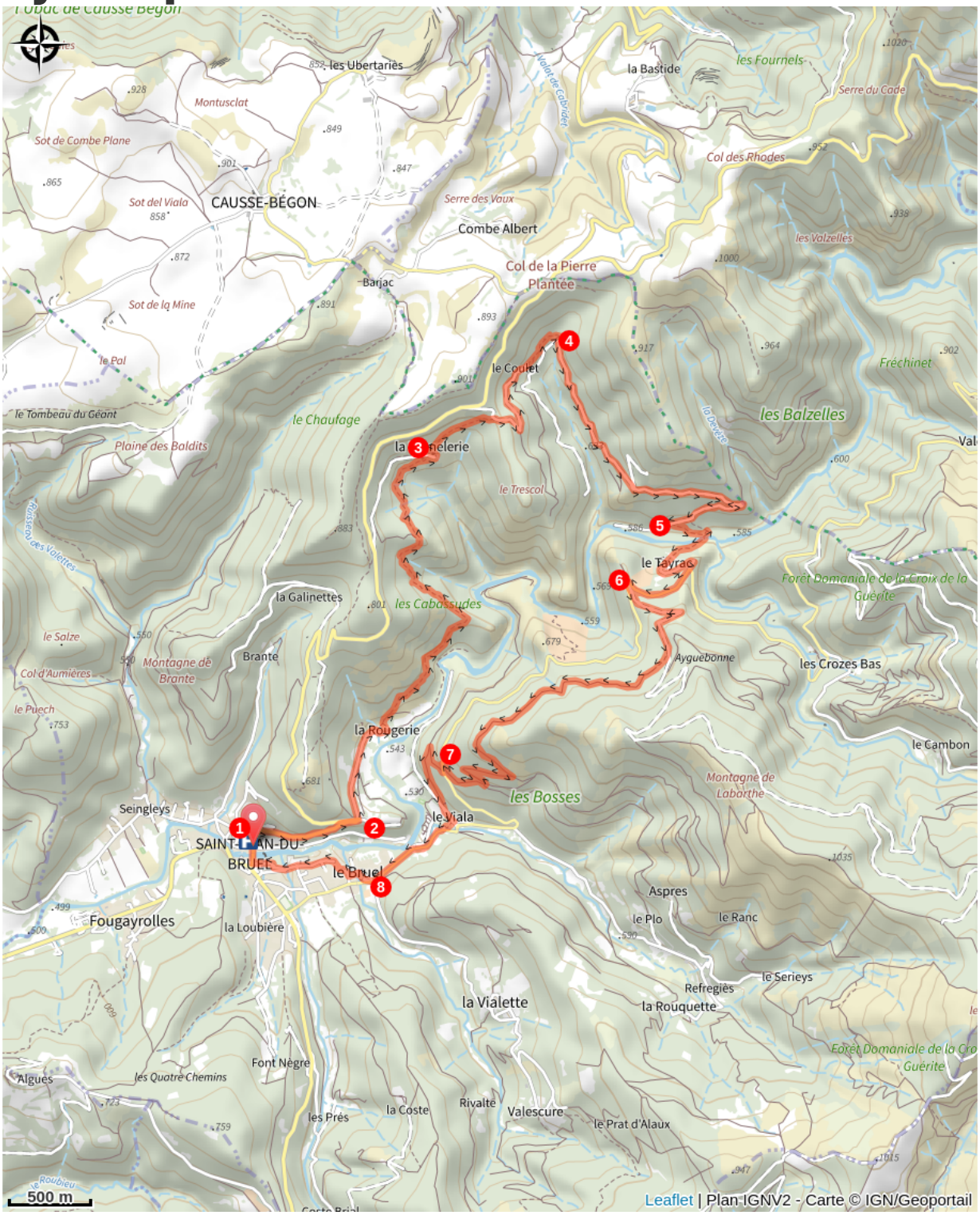
Altimetric profile



Min elevation 520 m Max elevation 804 m

1. From the parking area, head to the roundabout and follow the road towards Trèves until you reach the hairpin bend called "Le Périgoul".
2. Turn right onto the road towards La Rougerie, then in the hamlet, take the path on the left that climbs gradually through schistous terrain with varied and changing vegetation: undergrowth dominated by chestnut trees, and open areas with broom, heather, and Mediterranean rockrose.
3. After walking nearly 3 km, at the intersection, turn right towards La Brunelerie. In the hamlet, walk between the houses to reach the path that leads to Le Coulet, which passes above the highest house. Continue along this path for about 900 m before crossing the path that leads to Le Coulet and follow it to the right. Cross the hamlet and continue on the path leading to "Mas Aubert", a former mining area of which little trace remains. Continue along this path, which joins a wide logging track 150m further on.
4. Take this track to the left. After about 1km, a large rock is located on the right; go around it or climb it to enjoy a splendid view of Le Tayrac and the Dourbie river (caution is advised when accessing this viewpoint, as the rock can be slippery). Continue along the track for approximately 1.2km.
5. Follow a path to the left through the undergrowth and then across some rocks to reach the footbridge of Le Tayrac (proceed carefully over the last few meters before the footbridge). Cross the footbridge and head up towards the hamlet of Le Tayrac, then cross through it and continue to the D114 road. Take this road to the right for approximately 500m to the Tayrac cross.
6. Facing this cross, on the inside of the bend, take the "St-Guiral" direction along a very wide logging track, then leave it 800m further on to take a pleasant wooded track on the right, roughly parallel to the D114. After about 1.5km, continue downhill on the track to rejoin the D114.
7. At the road, follow it to the left for 70m to take the path on the right through the woods that leads to Le Viala. From Le Viala, take the D114 towards St-Jean du Bruel.
8. Turn right to cross the hamlet of Le Bruel and reach the village of St-Jean du Bruel.

On your path...



les Ubertariès
la Bastide
les Fournels
Serre du Cade
Montusclat
Sot de Combe Plane
Col des Rhodes
Sot del Viala
CAUSSE-BÉGON
Serre des Vaux
Combe Albert
les Valzelles
Col de la Pierre Plantée
Barjac
Sot de la Mine
le Pal
le Coulet
Fréchinet
le Tombeau du Géant
le Chaufage
les Balzelles
Plaine des Baldits
la Devèse
le Trescol
le Tayrac
Forêt Domaniale de la Croix de la Guérite
la Galinettes
les Cabassudes
le Salze
Montagne de Brante
Brante
Ayguebonne
les Crozes Bas
Col d'Aumières
le Puech
la Rougerie
le Cambon
les Bosses
Montagne de Labarthe
Seingleys
le Viala
SAINT-JEAN-DU-BRUEL
le Bruel
Aspres
Fougayrolles
la Loubière
le Plo
le Ranc
le Serieys
Refregiès
la Vialette
la Rouquette
Forêt Domaniale de la Croix de la Guérite
Font Nègre
Algues
les Quatre Chemins
Rivalte
Valescure
les Prés
la Coste
le Prat d'Alaux
500 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

How to come ?

Transports

To travel by bus or train, by carpooling Aires de covoiturage and hitchhiking Rezopouce.

Access

40km southeast of Millau via the D809 and D999 (Larzac plateau) or via the D991 and D999 (Dourbie gorges).

Advised parking

Place de la Borie, St-Jean du Bruel

Information desks

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http://www.visit-larzac.com/



Source

C.C. Larzac et Vallées - L'Escapade St-Jeantaise

https://escapade-saint-jeantaise.pepsup.com