The "Roc Nantais"

Des Gorges du Tarn au Causse du Larzac



Panorama sur Nant depuis le Roc Nantais (Virginie Govignon - OT Larzac et Vallées)



A stone vessel anchored to the Causse Bégon plateau, emerging from a sea of vegetation, the Roc Nantais offers you an unmissable panoramic view of the Causses and Cévennes and the village of Nant. The climb is well worth it!

From the outset, a steep slope greets you for a climb through broom, oaks, and pines. The ascent (45 min/1 hour) requires careful footing. At the summit, the Roc Nantais viewpoint offers a well-deserved reward. On the descent via Cazic, a dovecote and traditional stone huts with sloping roofs mark the end of this unforgettable hike.

Useful information

Practice : Trekking

Duration : 2 h 45

Length : 8.1 km

Trek ascent : 424 m

Difficulty : Medium

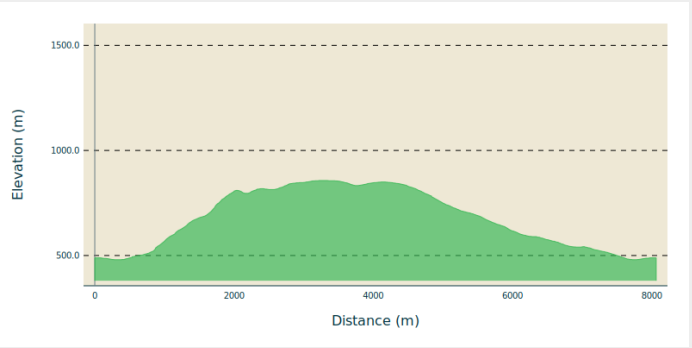
Type : Loop

Themes : Geology, History and heritage, Panorama

Trek

Departure : Nant
Arrival : Nant
Markings : PR
Cities : 1. Nant

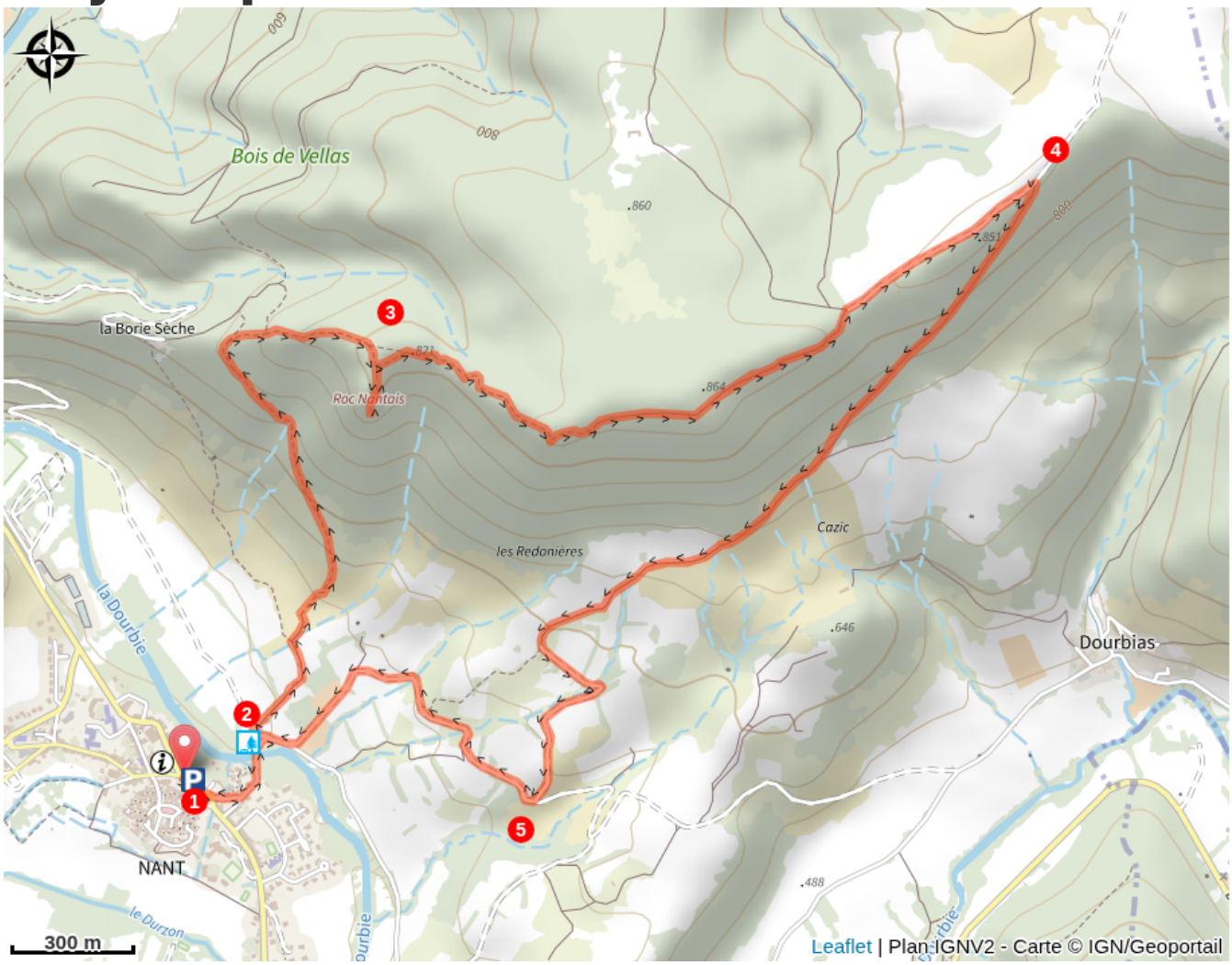
Altimetric profile



Min elevation 480 m Max elevation 857 m

1. From Place du Claux, head south and after the war memorial, turn left onto Rue Ernest André. Cross the Pont de la Prade bridge and then take the first path on the left (the entrance to the path makes a sharp hairpin turn).
2. Walk alongside the Pony Club buildings, then immediately turn right onto the small path bordered by low walls. At the first slight incline, there are large broom bushes on the left. The path becomes stony and passes a little higher up beside a black pine plantation. As the dirt track climbs to the right, and the downy oaks give way to Scots pines, the hamlet of Les Cuns comes into view through a gap. Leave a large rock on your right and continue along the path that veers left, forming a series of steps. Make one last effort to reach the plateau.
3. At a clearing, follow the path to the right that descends towards the Roc Nantais. Retrace your steps, then turn right to follow the small path that runs alongside the rocks. Continue for just over 1 km, then at the junction with the Cantobre path, continue on the track to the right.
4. At the next intersection, turn right towards Nant. Descend this track for approximately 2.5 km.
5. Continue to the right at the junction with the track coming from St-Jean du Bruel to reach the village of Nant.

On your path...


Bois de Vellas
la Borie Sèche
Roc Nantais
les Redonières
Cazic
Dourbias
la Dourbie
NANT
le Durzon
300 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

How to come ?

Transports

To travel by bus or train, by carpooling Aires de covoiturage and hitchhiking Rezopouce.

Access

33km southeast of Millau, via the D809 and D999 (Causse du Larzac) or via the D991 (Gorges de la Dourbie).

Advised parking

Place du Claux, Nant

Information desks

Tourist Office Larzac et Vallées
Place du Claux, 12230 NANT
infos@tourisme-larzac.com
Tel : +33(0)565622364
http://www.visit-larzac.com/



Source

C.C. Larzac et Vallées