

# Bouissières and dolmens N°2 VTT

Des falaises de Roquefort au Rougier



Caylus (Virginie Govignon)



The riding through the buissières is very pleasant and appears to be a nice reward after the rather demanding beginning of the circuit.

You will enjoy scenic views over Saint-Affrique and the surrounding valleys, the avant-causses and the Millau Viaduct. The series of buissières, singletracks through oak woodlands and ridge lines are moments of sheer delight.

## Useful information

Practice : VTT

Duration : 2 h 30

Length : 26.0 km

Trek ascent : 652 m

Difficulty : Hard

Type : Loop

Themes : History and heritage, Panorama, Water

# Trek

**Departure** : From the tourist office join the place François Fabié

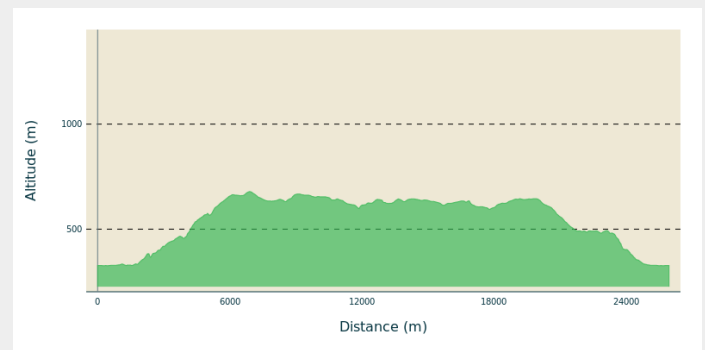
**Arrival** : At the Tourist Office

**Markings** : ➡ VTT Parc

**Cities** : 1. Saint-Affrique

2. Saint-Rome-de-Tarn

## Altimetric profile



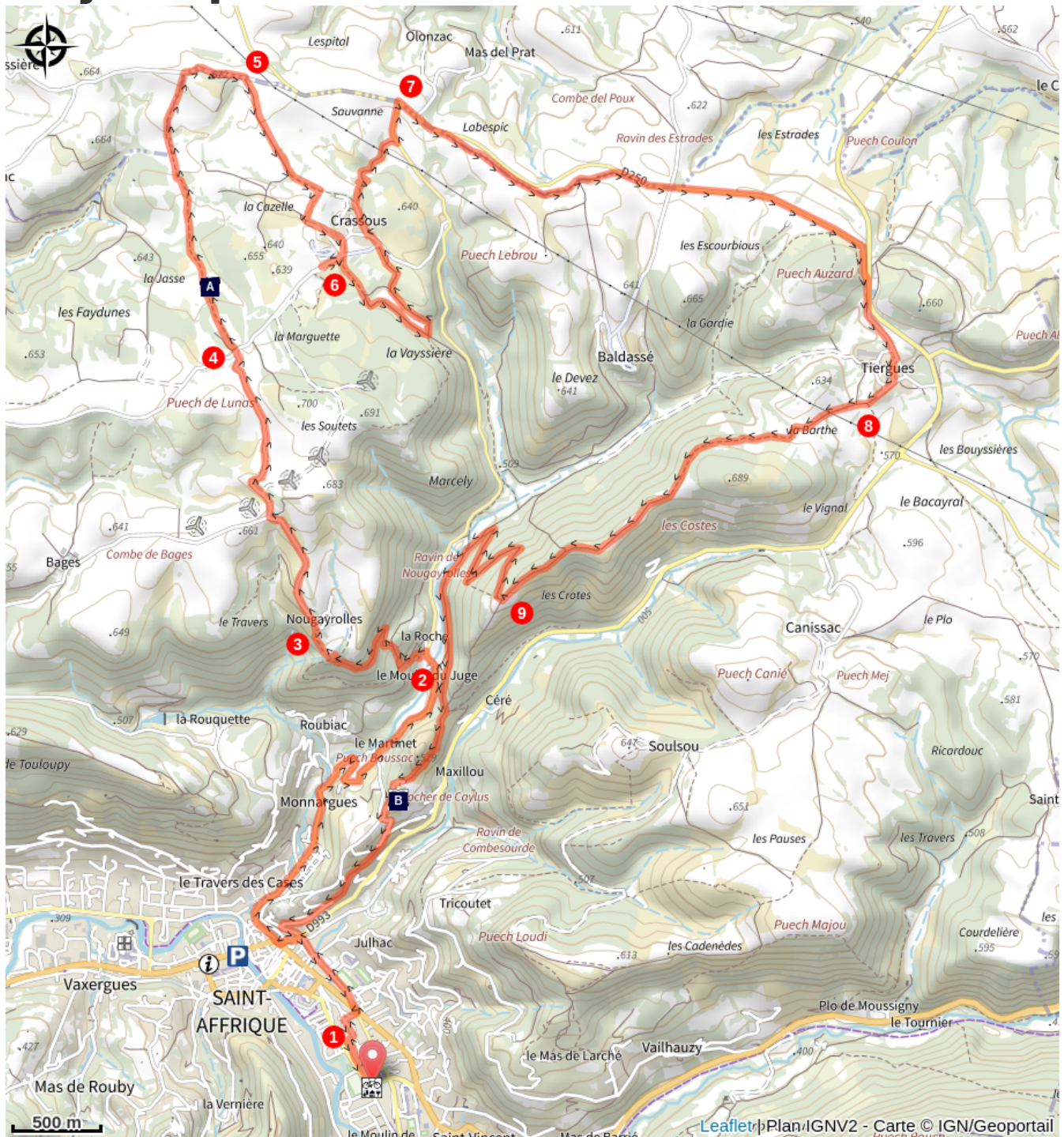
Min elevation 326 m    Max elevation 679 m

Take the road which leads to Saint-Victor (D 50) for 3 km.

1. When you arrive at the “Moulin du Juge” (signpost), just after the bridge, take a left turn to a place called “La Roche” and go up to the Domaine de Nougayrolles cycling a trail, which begins under the shade of oak and chestnut trees, and then provides a stunning view over Saint-Affrique.
2. Join up with the road which runs along a ridge towards the North. Carry on cycling along this road for approximately 2 km.
3. Leave the road when you arrive at the bottom of a short slope and ride straight onto a “bouissière” (a narrow passage defined by two rows of box trees). You will see a dolmen close by.
4. Carry on northward and re-join the ridge road from which you will see the famous Millau Viaduct.
5. Shortly after you will see a water tower, take the turn to your right, which is a small path running along a trail that leads to a “lavogne” (a man made pond where ewes drink), there is also a well, nearby a quarry. Keep following this track until you reach the road that leads to Crassous. Follow this road to your right for 100m.
6. Before following the small path opposite, you can cycle to your right on the road to the dolmen and back. Then ride up through the “bouissières” which are located S.E of Crassous. When you reach a calvary cross, take the turning to your right a small road for 200 m and then a grassy path.
7. Cycle up the road towards Tiergues, then follow the path to your right which eventually re-joins the road. Carry on this road until you see the dolmen situated 100 m further on the right. Cycle through the village of Tiergues and you will come back to Saint-Affrique along the crest of the hill above the town.



# On your path...



 Puech Ibilié dolmen (A)

 Counts of Caylus' Castle (B)

# All useful information

## **Advices**

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk

## **Gear**

Prévoir une réserve d'eau et une tenue adaptée.

## **How to come ?**

### Transports

Travel by bus or train: <https://lio.laregion.fr/>

Carpooling : [BlaBlaCar](#), [Rézo Pouce](#), [Mobicoop](#), [Idvroom](#), [LaRoueVerte](#), [Roulez malin](#)

### Access

Depuis Millau : D992 et D999 ; de Clermont-Ferrand et Montpellier, par A75, sortie 46 puis D999 ; de Toulouse/Albi par la D999

### Advised parking

Place of Marshal Foch

## **Information desks**

### **Saint-Affrique Tourist Office**

Boulevard Aristide Briand, 12400 Saint-Affrique

[contact@roquefort-tourisme.fr](mailto:contact@roquefort-tourisme.fr)

Tel : 0565585600

<http://www.roquefort-tourisme.fr/>



# On your path...

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## Puech Ibilié dolmen (A)

The flat capstone that weights over 3 tons is inclined, but this dolmen is in a good state of preservation and deserves to be restored.

Attribution : ©PNR Grands Causses

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## Counts of Caylus' Castle (B)

This rock was used as the bedrock for the building of the Counts of Caylus' Castle of which nothing remains today

The castle was destroyed in retaliation of Count of Caylus' rebellion against his overlord Raymond VII, count of Toulouse, marquis of Provence and of Gothie.

Attribution : Roquefort Tourisme