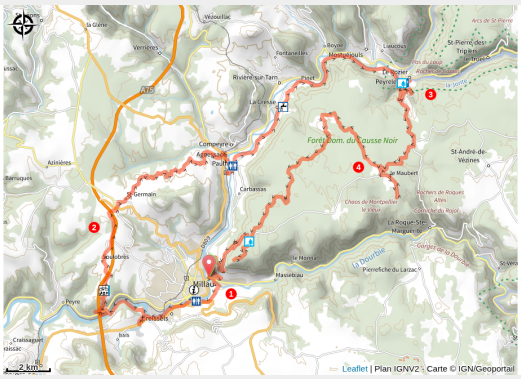
Gravel N°05 - From the Gorges du Tarn to the Pouncho d’Agast via the Causse Noir

Des Gorges du Tarn au Causse du Larzac

Traversée du causse noir en gravel (Focal_77)



The ride across the Causse Noir, a gravel rider’s delight amidst a landscape of pine trees and rocks, is the highlight of this loop, where the River Tarn disappears from view only to reappear once more

Two-thirds road and one-third track, that’s the mix for this long hike, which passes close to the Millau Viaduct before winding its way across the Causse Rouge to reach the upper reaches of the Tarn Gorges. At Peyreleau, a superb climb takes you up to the Causse Noir, a marvellous playground that leads you to the Pouncho

Useful information

Practice : Gravel

Duration : 5 h 30

Length : 78.4 km

Trek ascent : 1460 m

Difficulty : Very hard

Type : Loop

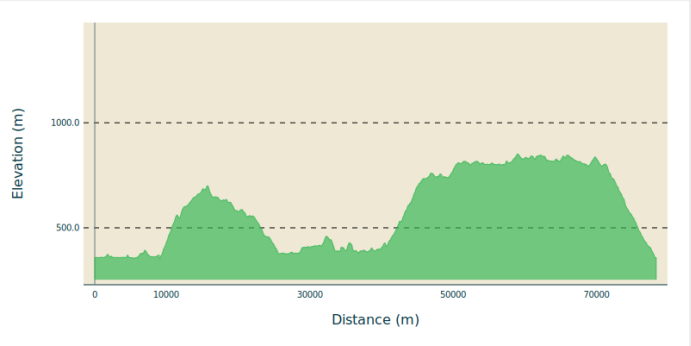
Themes : History and heritage, Panorama, Top 20 à Vélo

d’Agast, overlooking Millau and the River Tarn.
Pure bliss !

Trek

Departure : Millau, Confluence Roundabout
Cities : 1. Millau
2. Creissels
3. Aguessac
4. Paulhe
5. La Cresse
6. Rivière-sur-Tarn
7. Mostuéjouls
8. Peyreleau
9. La Roque-Sainte-Marguerite

Altimetric profile



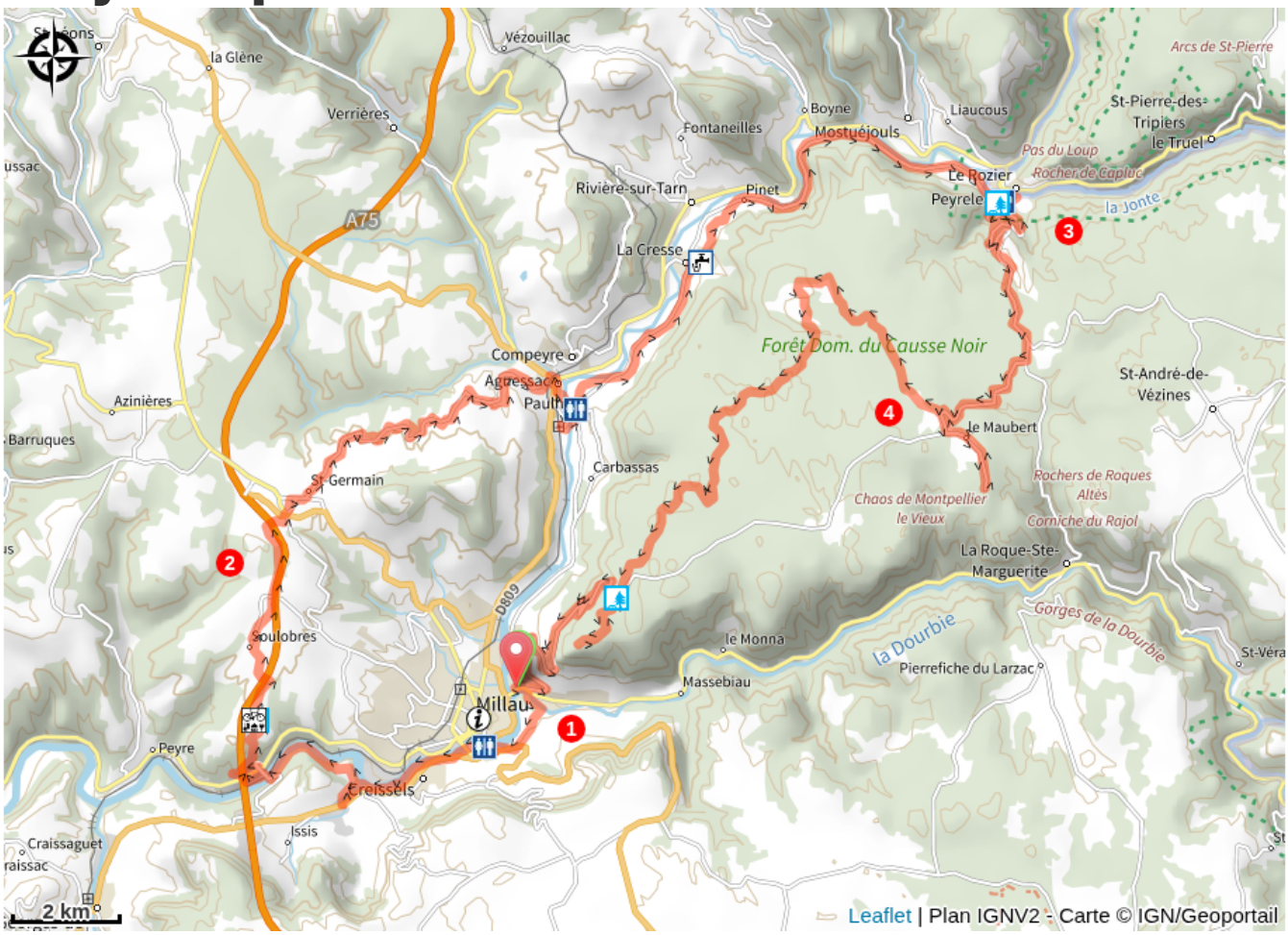
Min elevation 353 m Max elevation 851 m

1. Setting off from Millau, you’ll ride alongside the River Tarn before beginning a lovely climb beneath the Viaduct to reach the Puech d’Auzet.
2. The descent towards Aguessac will take you to the entrance to the Tarn Gorges.
3. You’ll then begin a lovely climb up the Causse Noir via the Peyreleau hairpin bends, with superb views over the River Tarn.
4. The crossing of the Causse will take you along some lovely, fast-rolling tracks through the woods to reach Pouncho d’Agast, before heading back down the road towards Millau.

Points of interest:

Aguessac 25 km (Refreshments)
Detour to Cité des Pierres 50 km (Viewpoint)
Pouncho d’Agast 70 km (Viewpoint)

On your path...


Vézouillac
la Glène
Verrières
Fontanelles
Boyne
Mostuéjouls
Liaucous
Arcs de St-Pierre
St-Pierre-des-Tripiers
le Truel
Pas du Loup
Rocher de Capluc
Le Rozier
Peyrele
la Jonte
Rivière-sur-Tarn
Pinet
A75
La Cresse
Forêt Dom. du Causse Noir
Compeyre
Agressac
Pauth
Azinières
Barruques
St-André-de-Vézines
le Maubert
St Germain
Carbassas
Rochers de Roques Altes
Chaos de Montpellier le Vieux
Corniche du Rajol
La Roque-Ste-Marguerite
D809
Soulobres
le Monna
la Dourbie
Gorges de la Dourbie
Pierrefiche du Larzac
Massebiau
Millau
Peyre
Creissels
Issis
Craissaguet
2 km
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

How to come ?

Transports

Pour trouver un moyen de transport rendez-vous sur Transport Aveyron ; Réseau LIO ; SNCF ; Hérault transport

Pensez au covoiturage et à l'autostop Rezopouce ; Aires de covoiturage

Access

From Millau, take the D991

Advised parking

Pont de Cureplat car park

Information desks

Tourist Office Millau Grands Causses
1, place du Beffroi, 12100 MILLAU
contact@ot-millau.fr
Tel : 05 65 60 02 42
https://www.explore-millau.com/

Source

Espace GRAVEL FFC