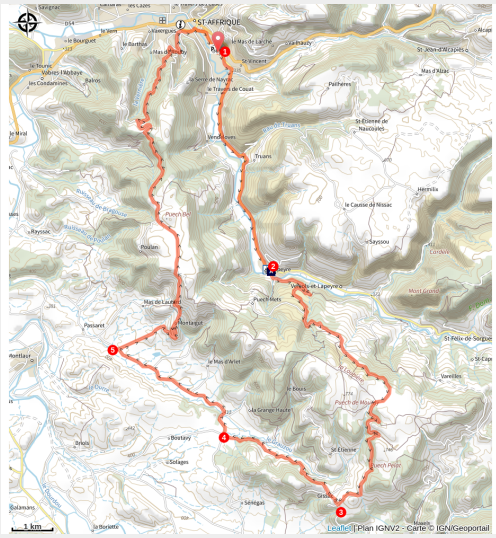
A tour around the Loubière

Des falaises de Roquefort au Rougier





Château de Montaigut (Eric Teissèdre)

Although this biking loop runs over a short distance, it requires an effort as intense as is the beauty of the landscapes you will go through! Explore the Sorgues valley and the Rougier de Camarès while cycling around the majestic Loubière plateau.

This ride offers you an extraordinary change of scenery: the Sorgues open valley on one side, the burgundy soils of the Rougier on the other, separated by the impressive wall of the Loubière. Be prepared to have your eyes filled with spectacular views, but save enough stamina for the steep final slope to Montaigut castle that awaits you at the end of the ascent.

Useful information

Practice : Cycling

Duration : 2 h 30

Length : 40.4 km

Trek ascent : 844 m

Difficulty : Medium

Type : Loop

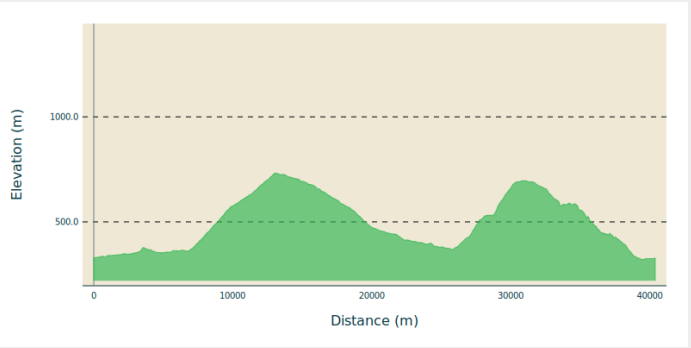
Themes : Agropastoralism, History and heritage, Panorama

Accessibility : VTTAE

Trek

Departure : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique
Arrival : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique
Cities : 1. Saint-Affrique
2. Versols-et-Lapeyre
3. Gissac
4. Vabres-l'Abbaye

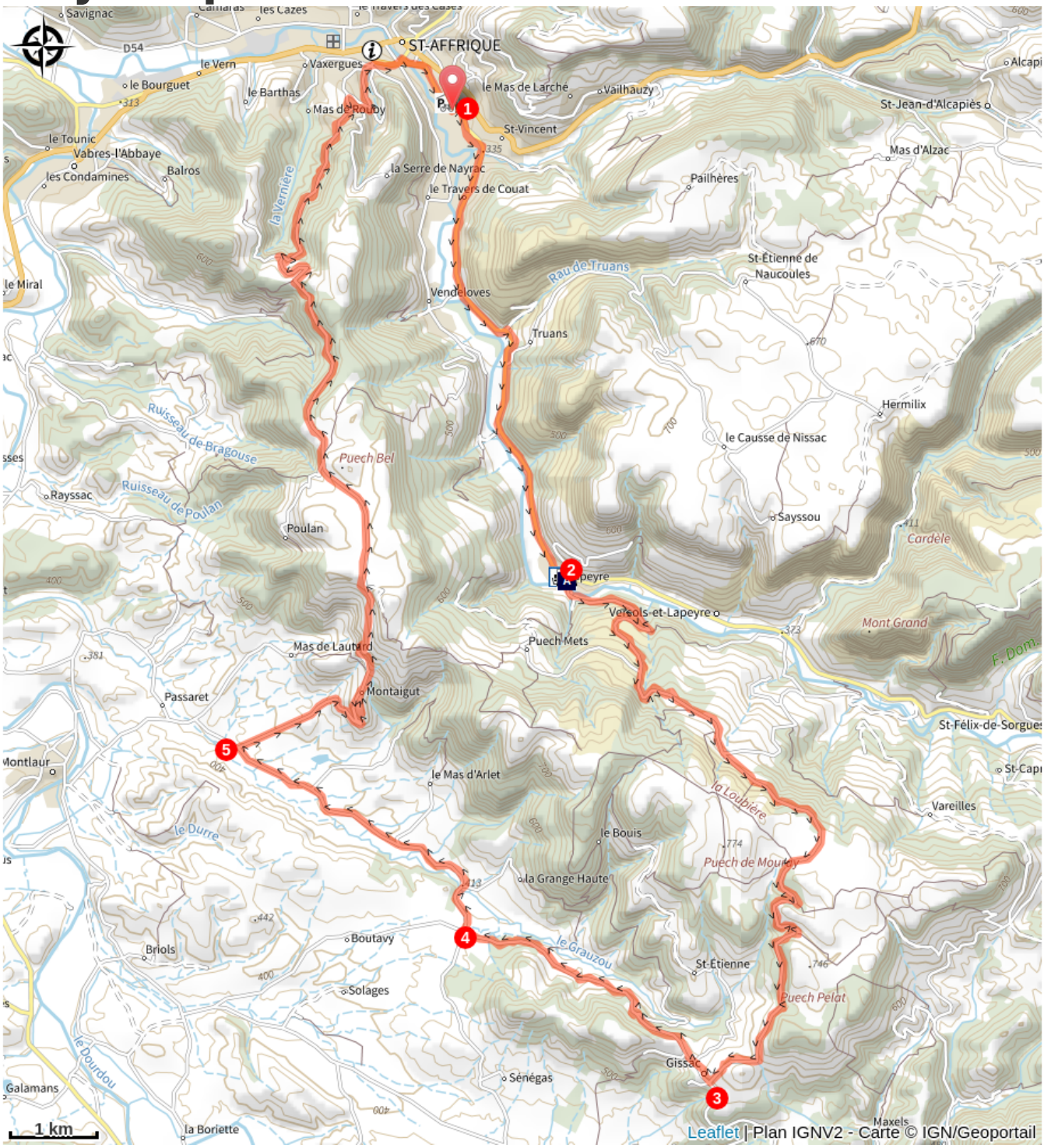
Altimetric profile



Min elevation 320 m Max elevation 732 m

1. From the mountain bike service station, follow the RD7 towards the Sorgues Valley, then follow the river to Lapeyre.
2. Turn right towards Gissac before 5 km of steady ascent (6%).
3. Once you get to Gissac, take a right towards Montlaur. Then, go across the village and carry on your ride downhill on the main road.
4. At the crossroads, take the RD101 in the direction of Montlaur.
5. Turn to the right towards Montaigut castle and its dreadful ascending slope (8.5%) before heading your way down back to Sant-Affrique.

On your path...



📖 Village of Lapeyre (A)

All useful information

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Access

Saint-Affrique is situated 31 km southwest of Millau via the D 992 and D999 roads.

Advised parking

Mountain bike station car park, rue du 12 Étoiles, Saint-Affrique

Accessibility

VTTAE

Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source

On your path...



📖 Village of Lapeyre (A)

The name Lapeyre means “the stone” in Occitan, a reference to the rocky outcrop on which the village was built. Once part of the Knights Templar commandery in the 12th century, Lapeyre has preserved its medieval character, with narrow streets and old houses clustered around its tower.

Several historic features can still be seen in the village square, including mullioned windows, a medieval tower, and remains of a former convent. The current church, built in 1844, houses a remarkable Virgin and Child statue carved in Rome in 1860 from a single block of Carrara marble.

Lapeyre’s heritage is also closely linked to its textile industry. Established in the 17th century to process wool from the Causses, the former textile mill—still visible from the new bridge—stands as a reminder of an activity that shaped village life for centuries.

Attribution : Roquefort Tourisme