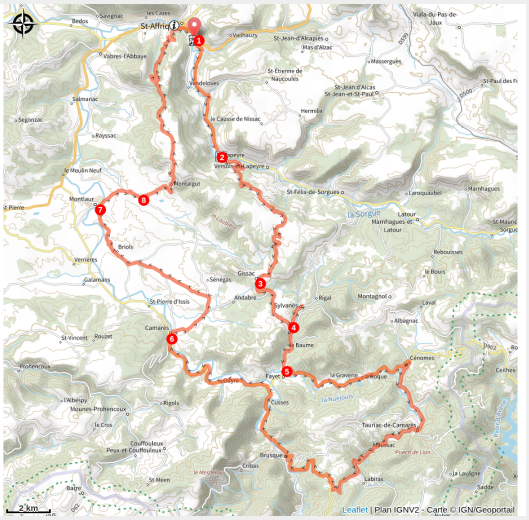
Throughout the Rougier

Des falaises de Roquefort au Rougier



(Xavier Waerzeggers)



Explore a small Colorado in the heart of Occitania. The Rougier displays a landscape of burgundy hills and canals, surrounded by forests. Carved standing stones, human-shaped stelae, greet you as you pass by.

Two options: a 90 km loop which requires more stamina, and a shorter version featuring a 64 km long distance that cuts through the village of Fayet. In any case, be prepared for a formidable immersion in a strange landscape, sometimes barren, sometimes wooded, where an attractive heritage nestles. The daunting ascending slope to the Montaigut castle that heralds the end of the cycling loop requires you to save your energy.

Useful information

Practice : Cycling

Duration : 4 h 30

Length : 89.9 km

Trek ascent : 1448 m

Difficulty : Hard

Type : Loop

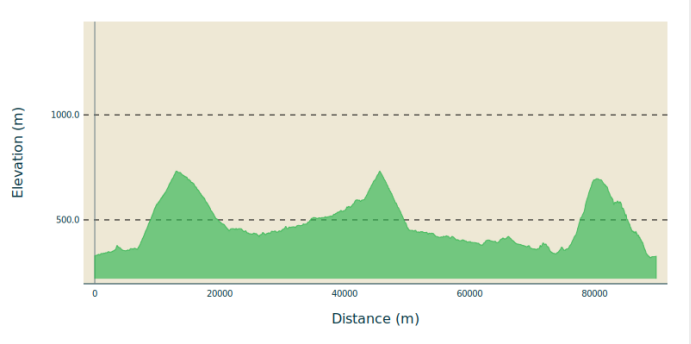
Themes : Savoir-faire, Agropastoralism, History and heritage, Panorama, Top 20 à Vélo

Accessibility : VTTAE

Trek

Departure : Mountain Bike Station, rue du 12 Étoiles, Saint-Affrique
Arrival : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique
Cities : 1. Saint-Affrique
2. Versols-et-Lapeyre
3. Gissac
4. Sylvanès
5. Fayet
6. Montagnol
7. Tauriac-de-Camarès
8. Mélagues
9. Brusque
10. Camarès
11. Montlaur
12. Vabres-l'Abbaye

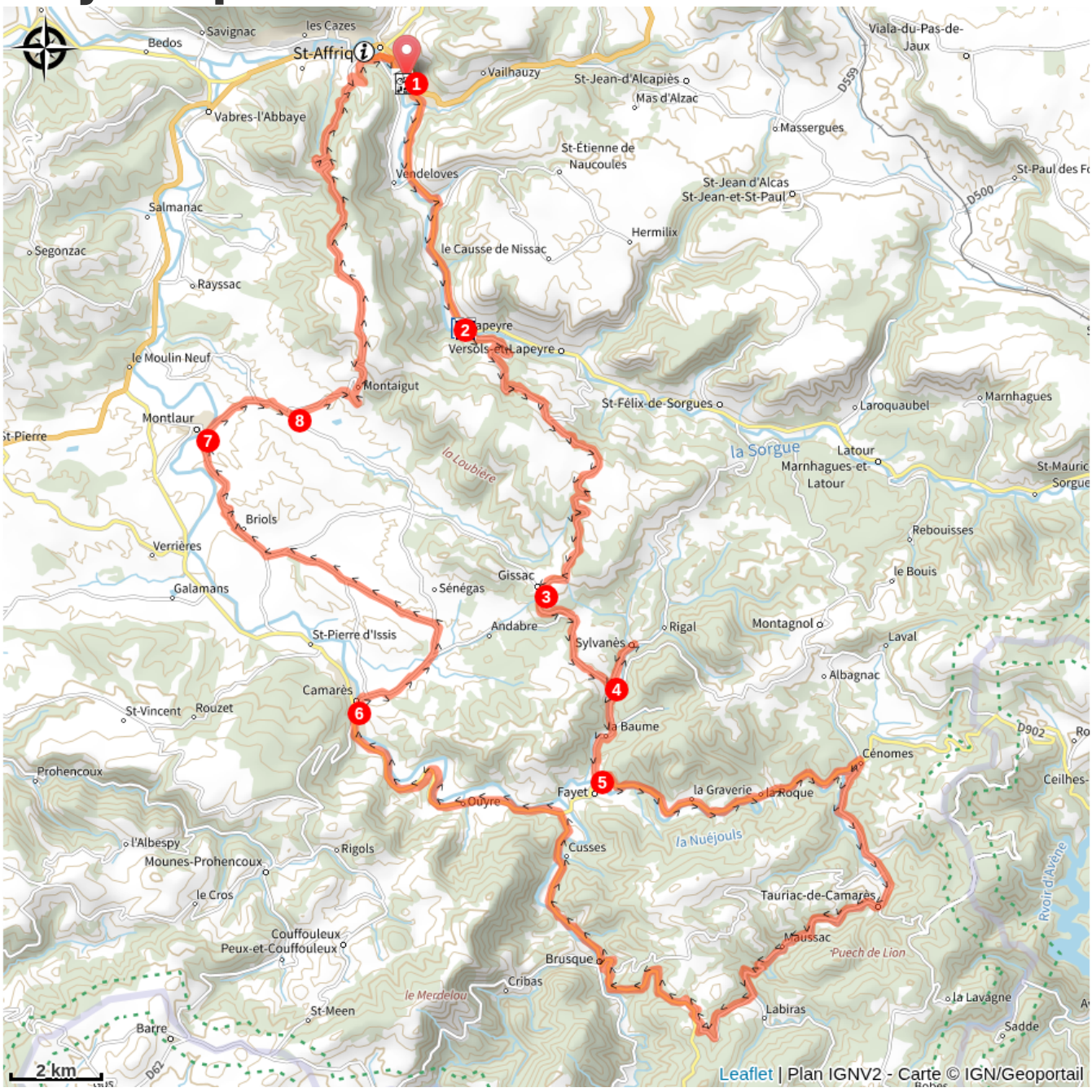
Altimetric profile



Min elevation 320 m Max elevation 732 m

1. From the mountain bike service station, follow the RD7 towards the Sorgues Valley, then follow the river to Lapeyre.
2. Turn right towards Gissac, then tackle 5 km of steady climbing (6%).
3. Once arriving at Gissac, take to the left the direction of Sylvanès.
4. At the roundabout, a brief going there and back will allow you to take a look at the Cistercian Abbey. Keep going towards Fayet for the rest of the circuit.
5. Turn to the left, then cycle along the stream to Cénômes. Then, ride through the village in the direction of Tauriac, Brusque and finally Camarès. Noteworthy is the possibility to shorten the circuit by passing directly through Fayet.
6. Cycle across the bridge to the right and follow the direction of Montlaur.
7. Before the bridge, take a right.
8. Turn left to Montaigut castle and its dreadful ascent (8.5%), before getting downhill towards Saint-Affrique.

On your path...



📖 Village of Lapeyre (A)

All useful information

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Access

Saint-Affrique is situated 31 km southwest of Millau via the D992 and D999 roads.

Advised parking

Mountain bike station car park, rue du 12 Étoiles, Saint-Affrique

Accessibility

VTTAE

Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source

On your path...



📖 Village of Lapeyre (A)

The name Lapeyre means “the stone” in Occitan, a reference to the rocky outcrop on which the village was built. Once part of the Knights Templar commandery in the 12th century, Lapeyre has preserved its medieval character, with narrow streets and old houses clustered around its tower.

Several historic features can still be seen in the village square, including mullioned windows, a medieval tower, and remains of a former convent. The current church, built in 1844, houses a remarkable Virgin and Child statue carved in Rome in 1860 from a single block of Carrara marble.

Lapeyre’s heritage is also closely linked to its textile industry. Established in the 17th century to process wool from the Causses, the former textile mill—still visible from the new bridge—stands as a reminder of an activity that shaped village life for centuries.

Attribution : Roquefort Tourisme