In Pays du Roquefort

Des falaises de Roquefort au Rougier



Village de Roquefort (Steloweb)



An immersion in the heart of the milk catchment area dedicated to the producing of the king of cheese: a landscape with plateaus, majestic amphitheatres and residual mounds that holds some beautiful bumps and splendid sceneries.

This loop is to the « Brebis'Cyclette » bike ride what a strong Roquefort is to a milder Roquefort. The ascent to the causse of Saint-Affrique and the Aiguières pass are the two challenges of this route marked out by attractive sites: the dolmen de Tiergues, the ripening caves, the Tournemire amphitheatre, the Saint-Jean d'Alcas fort, before a gentle ending through the Sorgues valley.

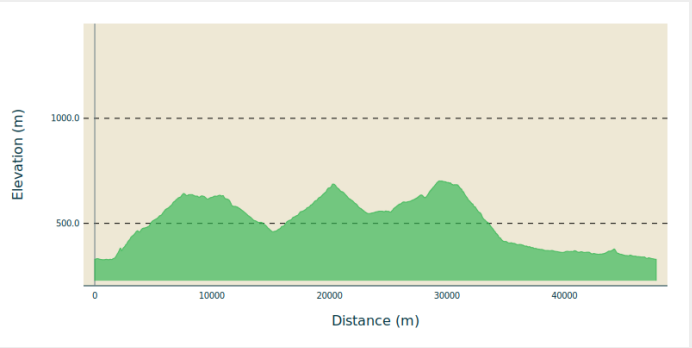
Useful information

- Practice : Cycling
- Duration : 3 h
- Length : 47.8 km
- Trek ascent : 836 m
- Difficulty : Medium
- Type : Loop
- Themes : Agropastoralism, History and heritage, Panorama, Top 20 à Vélo
- Accessibility : VTTAE

Trek

Departure : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique
Arrival : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique
Cities : 1. Saint-Affrique
2. Saint-Rome-de-Tarn
3. Roquefort-sur-Soulzon
4. Saint-Jean-et-Saint-Paul
5. Saint-Félix-de-Sorgues
6. Versols-et-Lapeyre

Altimetric profile



Min elevation 327 m Max elevation 702 m

1. From the bike service station, follow the signs for “Town Centre / Albi.”
2. At the intersection with the RD993 carry straight on, then take first road to the right towards Ayssennes / Le Truel to begin the ascent to the plateau (6 km with a 5 % gradient).
3. At the top of the slope, take the direction of Tiergues. On the right side you will notice its historical dolmen.
4. At the roundabout, turn to the left towards Roquefort. Follow the same direction at the next roundabout.
5. Cycle straight across the village to reach the top of the Aiguières pass (5 km with a 4.5 gradient).
6. At the crossroads, head towards Saint-Jean d’Alcas.
7. A going there and back is possible to visit the templar city. Then keep going towards Saint-Félix.
8. Turn to the right to reach the Sorgues valley up to Saint-Affrique.

On your path...



Tiergues dolmen (A)

All useful information

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Access

Saint-Affrique is situated 31 km southwest of Millau via the D992 and D999 roads.

Advised parking

Mountain bike station car park, rue du 12 Étoiles, Saint-Affrique

Accessibility

VTTAE

Information desks

Saint-Affrique Tourist Office
Boulevard Aristide Briand, 12400 Saint-Affrique

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source

On your path...



Tiergues dolmen (A)

With nearly 1,000 dolmens, Aveyron is the French department with the highest number of these prehistoric monuments. Contrary to popular belief, they were not built by the Celts, but by Neolithic communities more than 4,500 years ago.

The word “dolmen,” meaning “stone table” in Breton, refers to prehistoric collective burial sites. Listed as a historic monument, the Tiergues dolmen is one of the most remarkable in Aveyron. Explored in the 20th century by archaeologist Émile Cartailhac, it bears witness to the beliefs and funeral practices of our distant ancestors. Nestled in a preserved natural setting, this site offers a true journey into the heart of prehistory.

Attribution : David Potron