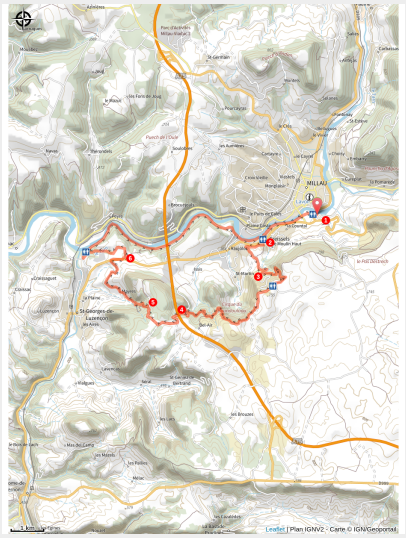
VTT N°60 - Viaduct and the Larzac Plateau

Des Gorges du Tarn au Causse du Larzac

Le viaduc en toile de fond (EAlinat)



Although it is one of the toughest routes in the area, this circuit is well worth the trip for the views it offers and its trails, which are as technical as they are thrilling. Combining technical challenges with rugged terrain, the “Viaduc et Causse du Larzac” route is sure to delight even the most demanding riders.

Useful information

Practice : VTT

Duration : 3 h 30

Length : 28.7 km

Trek ascent : 783 m

Difficulty : Very hard

Type : Loop

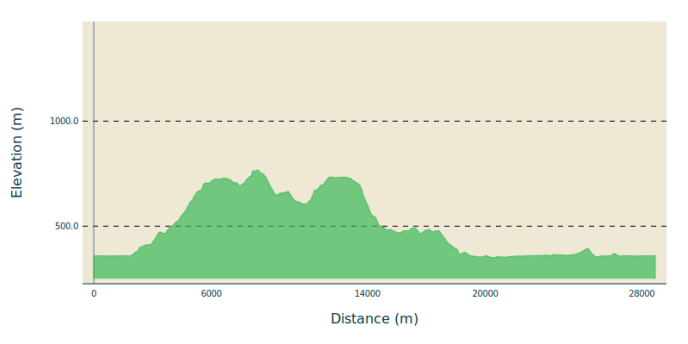
Themes : Savoir-faire, Geology, Panorama, Water, Top 20 à Vélo

Accessibility : VTTAE

Trek

Departure : La Maladrerie, Millau
Markings : VTT Parc
Cities : 1. Millau
2. Creissels
3. Saint-Georges-de-Luzençon

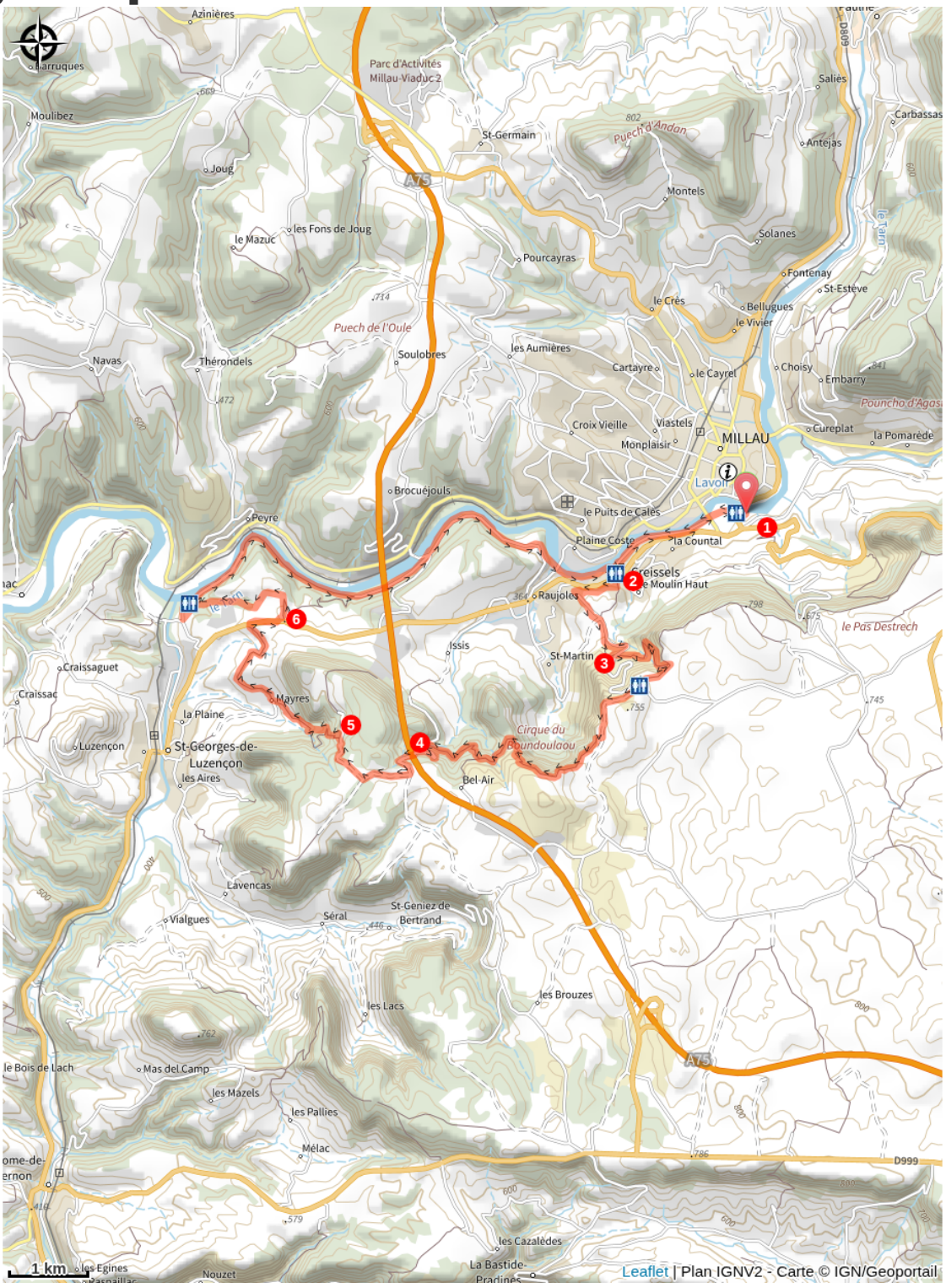
Altimetric profile



Min elevation 350 m Max elevation 767 m

1. Set off from the Maladrerie sports grounds, then follow the banks of the Tarn as far as Creissels. After a narrow, uphill lane, pass under the archway to the lovely little square.
2. Continue along the track to climb back up to the main road.
   Take the small street opposite the post office, climb up and take the path on the right before the tunnel to come out onto the Brunas road. Carry on up this road on the left; it passes in front of the landing area.
3. On the straight stretch after the first right-hand hairpin bend, take the ‘Sentier du Facteur’ which climbs to the left. When you reach the Causse du Larzac, continue along the path on the right towards the paragliding area. Follow the road for 100 metres, then take the path opposite. Follow the cliff edge, then take a path on the right which descends towards a small pass. The path leads you to a spring, then descends through the woods.
4. At the end of the track, head up to the left to pass under the motorway and reach the Causse. Follow the track for a good kilometre, then take a path on the left into the woods.
5. At the foot of an old lime kiln, head down towards the Mayres farm. When you reach the farm, take the path on the right which leads to the edge of the road (RD 992); cross it via the ‘sheep’ underpass.
6. Come out on the other side of the road and cycle on to Ségonac. Turn left between the houses and, at the bottom of this track, take the single track on the right. The path descends until it joins the green trail, which you follow to the right until the end to reach Millau.

On your path...


Azinières
Parc d'Activités Millau-Viaduc 2
Saliès
Carbassas
Moulibez
St-Germain
Puech d'Andon
Antejas
Joug
A75
Montels
le Mazuc
les Fons de Joug
Solanes
le Tarn
Pourcayras
Fontenay
St-Estève
le Crès
Bellugues
le Vivier
Puech de l'Oule
Soulobres
les Aumières
Navas
Thérondels
Cartayre
le Cayrel
Choisy
Embarry
Croix Vieille
Viastels
Monplaisir
MILLAU
Cureplat
la Pomarède
Lavoir
Brocuéjouls
le Puits de Calès
Peyre
Plaine Coste
la Countal
Creissels
le Moulin Haut
Raujoles
le Pas Destrech
Issis
St-Martin
Craissaguet
Craissac
Mayres
la Plaine
Luzençon
St-Georges-de-Luzençon
les Aires
Cirque du Boundoulaou
Bel-Air
Lavencas
Séral
St-Geniez de Bertrand
Vialgues
les Lacs
les Brouzes
le Bois de Lach
Mas del Camp
les Mazels
les Pallies
Mélac
D999
les Cazalèdes
La Bastide-Pradines
Nouzet
1 km
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

How to come ?

Transports

Se déplacer en bus ou en train, en covoiturage Aires de covoiturage, en autostop Rezopouce

Access

In Millau, at the Larzac roundabout, take Avenue Louis Balsan, then turn left towards the banks of the Tarn and the La Maladrerie sports grounds.

Advised parking

Maladrerie car park, under the Larzac bridge

Accessibility

VTTAE

Information desks

Tourist Office Millau Grands Causses
1, place du Beffroi, 12100 MILLAU
contact@ot-millau.fr
Tel : 05 65 60 02 42
https://www.explore-millau.com/

Source

Communauté de communes Millau Grands Causses

https://www.cc-millaugrandscausses.fr/mes-pauses-loisirs-et-decouvertes/activites-de-pleine-nature