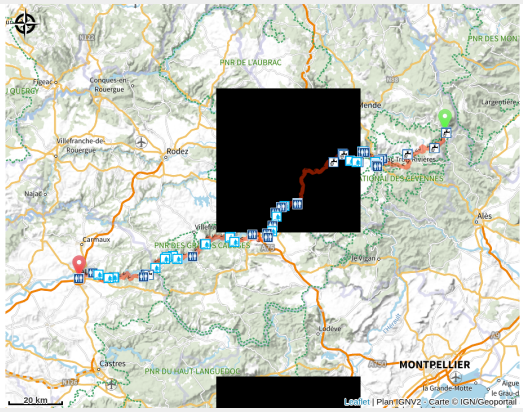
GR736® The Gorges and the Tarn Valley

Gorges et Vallée du Tarn (GR®736)

GR736 - Presqu'île d'Ambialet (CDT du Tarn)



In the south of the Massif Central, follow the course of the River Tarn: over 15 days' walking through the Cévennes and the Gorges du Tarn, the Grands Causses and the Ségala. An exceptional adventure!

The GR®736 starts in Villefort, at the foot of Mont Lozère, and follows the meandering course of the River Tarn, either along its banks or from the hillsides, as far as the episcopal city of Albi. Over more than 300 km, ranging from easy paths to more challenging sections, discover some magnificent sites: the narrows of the Gorges du Tarn, the Larzac plateau, the Raspes escarpments and the Ambialet loop.

Useful information

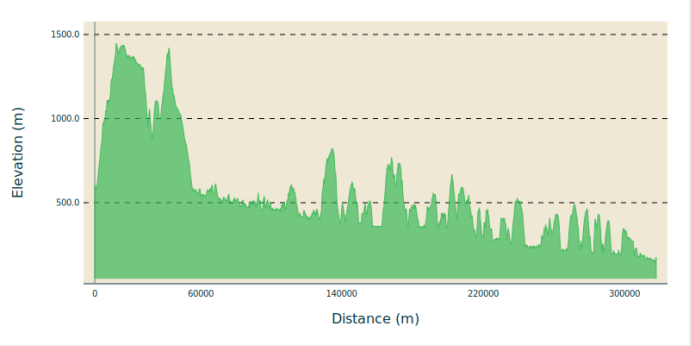
- Practice : Trekking
- Duration : 15 days
- Length : 318.0 km
- Trek ascent : 9364 m
- Difficulty : Hard
- Type : Itinerant stay

Trek

Departure : Villefort 48800
Arrival : Albi 81000
Markings : GR
Cities : 1. Villefort
2. Pourcharesses
3. Saint-André-Capcèze
4. Pont de Montvert - Sud Mont Lozère
5. Vialas
6. Cassagnas
7. Cans et Cévennes
8. Florac Trois Rivières
9. Bédouès-Cocurès
10. Gorges du Tarn Causses
11. Ispagnac
12. La Malène
13. Massegros Causses Gorges
14. Saint-Pierre-des-Tripiers
15. Le Rozier
16. Peyreleau
17. Mostuéjouls
18. La Cresse
19. Rivière-sur-Tarn
20. Compeyre
21. Aguessac
22. Paulhe
23. Millau
24. Creissels
25. Saint-Georges-de-Luzençon
26. Saint-Rome-de-Tarn
27. Viala-du-Tarn
28. Montjaux
29. Ayssènes
30. Le Truel
31. Broquiès
32. Brousse-le-Château
33. Connac
34. Réquista
35. Fraissines
36. Trébas
37. Cadix
38. Curvalle
39. Saint-André
40. Ambialet
41. Le Fraysse
42. Villefranche-d'Albigeois
43. Bellegarde-Marsal
44. Saint-Juéry
45. Cambon

46. Cunac
47. Albi

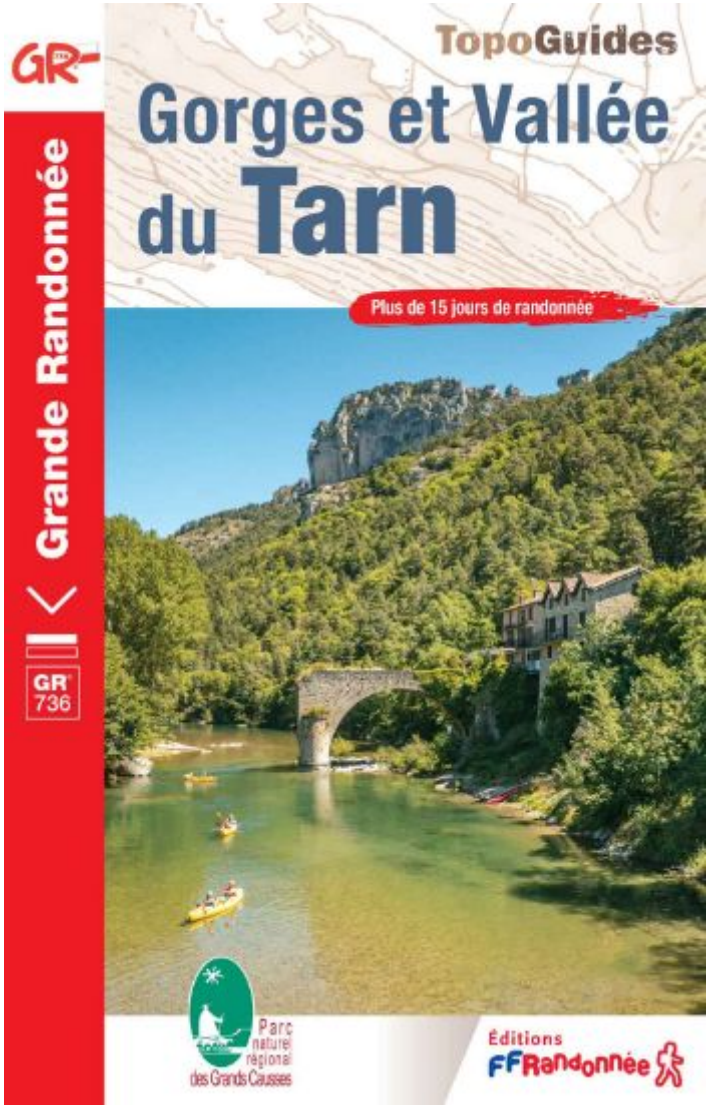
Altimetric profile



Min elevation 148 m Max elevation 1447 m

Only the route of the GR®736 is shown here.

For further information on the route, please purchase the Topoguide® published by the French Hiking Federation: Shop ffrandonnee.fr/Gorges-et-Vallée-du-Tarn - (ffrandonnee.fr)

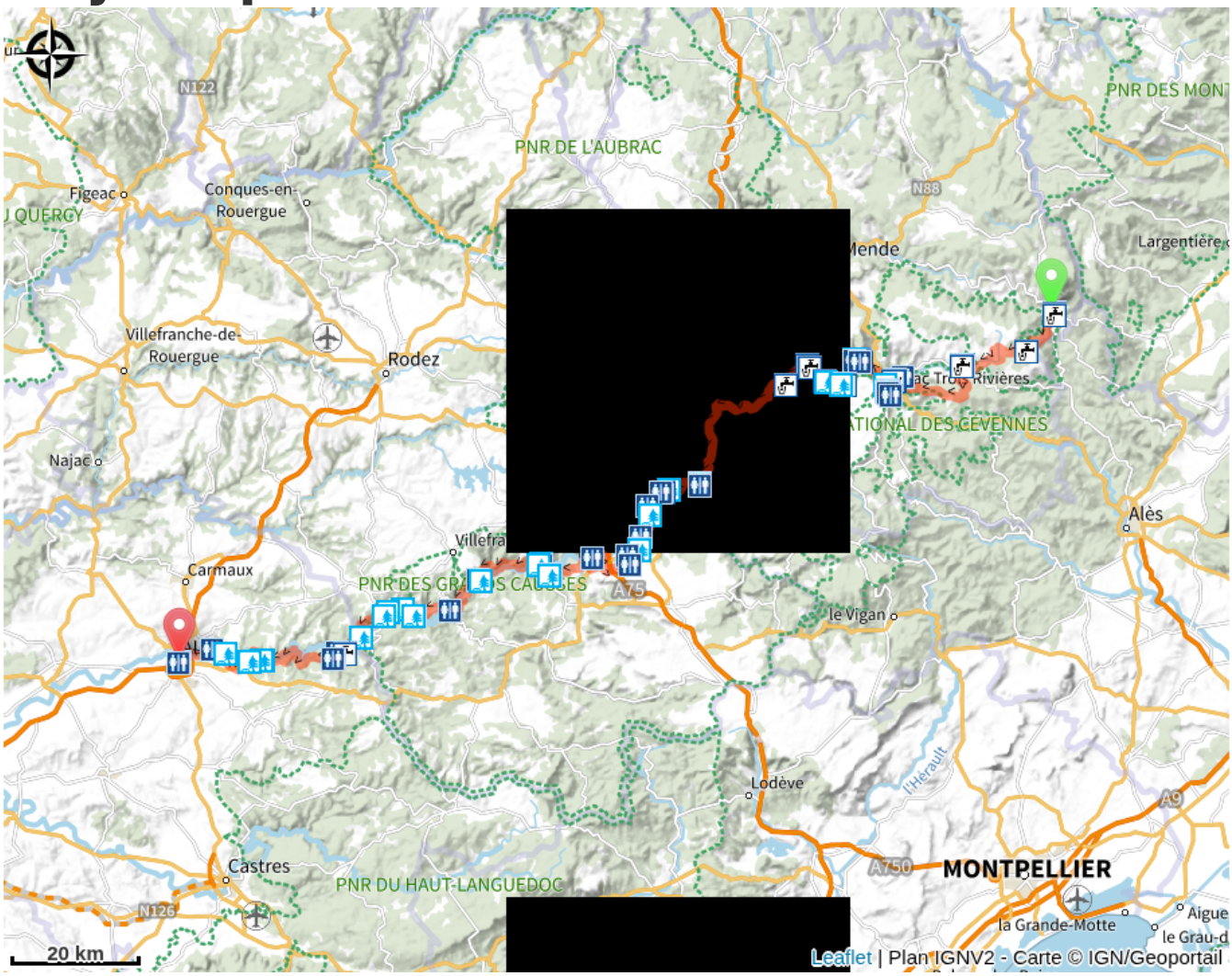


This project is co-funded by the European Union. Europe is investing in the Massif Central through the European Regional Development Fund.

Stages :

1. GR736® from Villefort to Pont-de-Montvert
32.5 km / 1136 m D+ / 8 h
2. GR736® from Pont-de-Montvert to Bédouès
24.8 km / 698 m D+ / 6 h 30
3. GR736® from Bédouès to Ispagnac
13.4 km / 228 m D+ / 3 h 30
4. GR736® from Ispagnac to Ste-Enimie
17.6 km / 272 m D+ / 4 h 30
5. GR736® from Ste-Enimie to La Malène
14.3 km / 373 m D+ / 3 h 30
6. GR736® from La Malène to Les Vignes
12.9 km / 352 m D+ / 3 h 15
7. GR736® from Les Vignes to Peyreleau
12.5 km / 237 m D+ / 3 h 15
8. GR736® from Peyreleau to Rivière-sur-Tarn
14.0 km / 587 m D+ / 3 h 30
9. GR736® from Rivière-sur-Tarn to Millau
18.9 km / 513 m D+ / 4 h 45
10. GR736® from Millau to St-Georges-de-Luzençon
16.5 km / 646 m D+ / 4 h 15
11. GR736® from St-Georges-de-Luzençon to St-Rome-de-Tarn
20.1 km / 586 m D+ / 5 h
12. GR736® from St-Rome-de-Tarn to Le Truel
27.9 km / 1123 m D+ / 7 h
13. GR736® from Le Truel to Brousse-le-Château
18.7 km / 548 m D+ / 5 h 30
14. GR736® from Brousse-le-Château to Trébas
21.8 km / 525 m D+ / 5 h 15
15. GR736® from Trébas to Ambialet
16.7 km / 614 m D+ / 4 h 15
16. GR736® from Ambialet to Marsal
15.6 km / 578 m D+ / 4 h
17. GR736® from Marsal to Albi
20.1 km / 325 m D+ / 5 h

On your path...


PNR DE L'AUBRAC
Figeac
Conques-en-Rouergue
Villefranche-de-Rouergue
Rodez
Najac
Carmaux
PNR DES GRANDS CAUSSES
A75
le Vigan
Alès
Lodève
l'Hérault
A9
A750
MONTPELLIER
la Grande-Motte
Castres
PNR DU HAUT-LANGUEDOC
N126
N122
N88
20 km
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

How to come ?

Transports

SNCF stations: Villefort, Millau, Albi
Bus: LIO route
Passenger and luggage transport service provided by La Malle Postale (operational along the entire route from 2023).

Source

Fédération Française de la Randonnée Pédestre

https://www.ffrandonnee.fr/