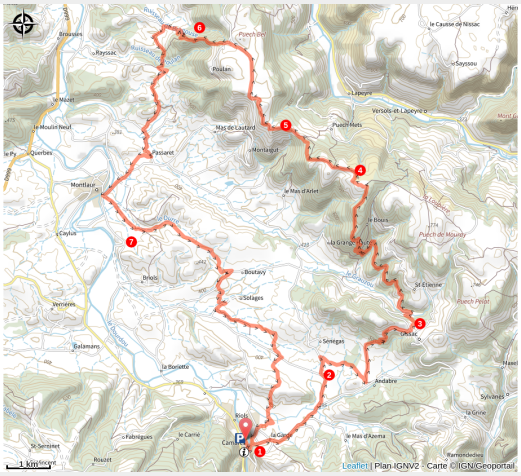
VTT N°26 - The Red Lands

Des falaises de Roquefort au Rougier



Au cœur du Rougier (V.Govignon)



From brick red to wine-red, every shade of red earth lies beneath your tyres, and every level of difficulty awaits you too: a grand exploration of the Rougier de Camarès

Red soil and a ‘black’ difficulty rating for this gruelling loop: the route offers everything from smooth trails near the Montlaur canals to highly technical sections, including a section where you’ll have to carry your bike up the climb to La Loubière. It’s a chance to see for yourself that, from the plain to the small hills and the plateau, the terrain of Le Rougier is no walk in the park!

Useful information

Practice : VTT

Duration : 3 h 45

Length : 39.9 km

Trek ascent : 942 m

Difficulty : Very hard

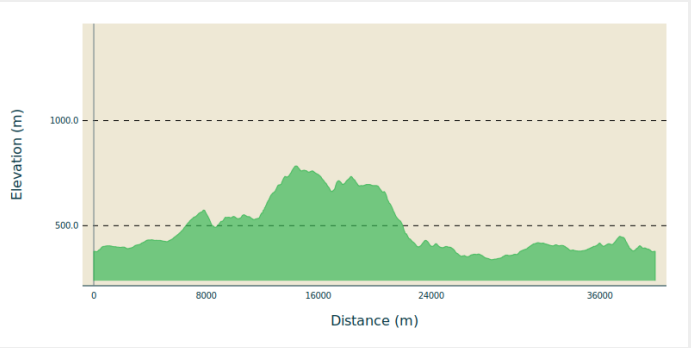
Type : Loop

Themes : Agropastoralism, Geology, Panorama, Top 20 à Vélo

Trek

Departure : Car park for the village hall Camarès
Markings : VTT Parc
Cities : 1. Camarès
2. Gissac
3. Versols-et-Lapeyre
4. Vabres-l'Abbaye
5. Montlaur

Altimetric profile



Min elevation 338 m Max elevation 784 m

1. From the village hall, head towards the D10 road in the direction of Sylvanès/ Gissac. After 3 km, take the left-hand turn onto the D101 towards Montlaur.
2. Continue for 500 m and take the track on the right which climbs up to the Andabre gîte, then carry on to the village of Gissac (water point at the wash house)
3. A lovely descent to the mill. Carry on along a magnificent single track that runs alongside a small lake before tackling a technical climb through an oak forest leading to the Loubière plateau (you may need to carry your bike): stunning views of the Rougier, the Merdelou and the Monts de Lacaune.
4. Carry on for a few kilometres along a wide track to the Croix del Pas (a junction of several marked trails).
5. Continue up a short but technical climb leading to the Relais de Montaigut (Le Rouquet): exceptional views of Montaigut Castle.
6. The loop continues with a long, easy descent to Montlaur, set amongst the red earth.
7. Finally, head to the village of Camarès along relatively flat paths and return to the starting point.

On your path...


Ruisseau de Brousse
Brousses
Rayssac
Ruisseau de Poulan
Puech Bel
Poulan
le Causse de Nissac
Saysson
Lapeyre
le Mazet
Versols-et-Lapeyre
le Moulin Neuf
Mas de Lautard
Puech Mets
le Py
Querbes
Passaret
Montaigut
Montlaur
le Mas d'Arlet
la Loubière
le Durre
le Bouis
Caylus
Puech de Mourdy
la Grange Haute
Briols
Boutavy
le Grauzou
St-Etienne
Solages
Puech Pelat
Verrières
Glissac
le Dourdou
Sénégas
Galamans
la Boriette
Andabre
Sylvanès
la Grine
Riols
Fabrégues
le Carrié
la Garde
le Mas d'Azema
St-Serninet
Rouzet
Ramondedieu
1 km
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

How to come ?

Advised parking

Car park for the village hall

Information desks

Office de Tourisme Rougier Aveyron Sud

contact@tourisme-rougier-aveyron.com
Tel : 0565992913
http://www.tourisme-rougier-aveyron.com



Source

Sites VTT FFC