VTT N°27 -The Loubière Plateau

Des falaises de Roquefort au Rougier



Rougier de Camarès (V.Govignon)



Set against a wine-red landscape, make your way up to the Loubière plateau, a wall of sandstone and red clay overlooking the Rougier de Camarès to the south and the Sorgues valley to the north

This route features over 400 metres of elevation gain as it winds through the crimson-hued valleys of the Camarèsien region, taking you on a gradual ascent to the Loubière plateau before leading you on to the Croix del Pas, the landmark of this imposing landscape. A few relatively technical sections, due to the presence of scree, punctuate this magnificent hike.

Useful information

Practice : VTT

Duration : 3 h

Length : 32.0 km

Trek ascent : 763 m

Difficulty : Hard

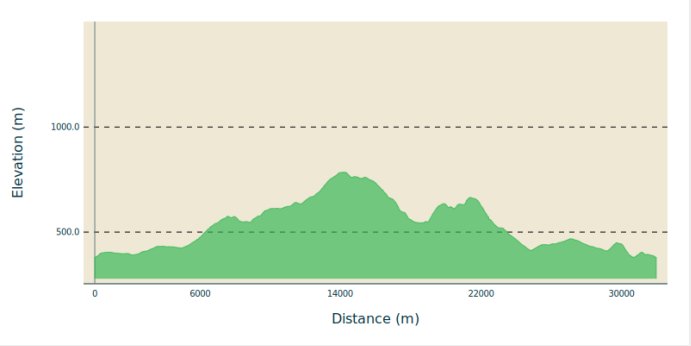
Type : Loop

Themes : Agropastoralism, Geology, Panorama

Trek

Departure : Car park for the village hall
Arrival : Car park for the village hall
Markings : VTT Parc
Cities : 1. Camarès
2. Gissac
3. Versols-et-Lapeyre

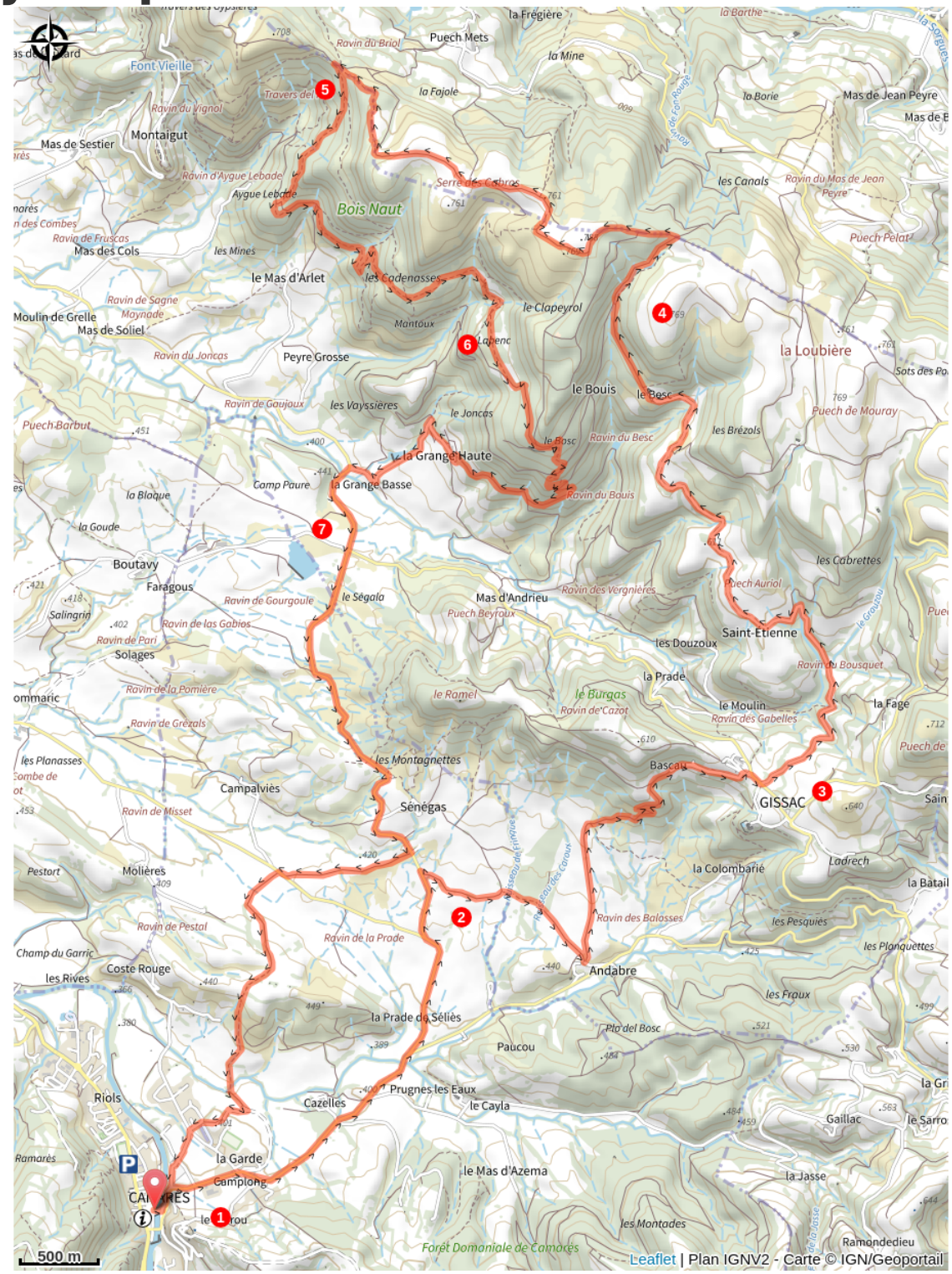
Altimetric profile



Min elevation 378 m Max elevation 785 m

1. From the village hall, head towards the D10 road in the direction of Sylvanès/ Gissac. After 3 km, take the left-hand turn onto the D101 towards Montlaur.
2. Continue for 500 metres and take the track on the right which climbs up to the Andabre gîte, then carry on to the village of Gissac (water point at the wash house).
3. Turn left onto a small road towards the St Etienne farm (a former Cistercian farm, a remarkable building); pass Le Besc, where the road turns into a track.
4. A long but smooth climb takes you up to the Loubière plateau (breathtaking views of the Rougier, the Merdelou and the Monts de Lacaune). Continue along a single track through an oak forest leading to the Croix del Pas.
5. Turn left and descend via a technical single track (rocky sections, challenging sections) leading to the old Mas de Gaujoux farm.
6. Continue down a fast descent through a pine forest. Pass the La Grange Haute farm.
7. Join the D101, ride for 2.5 km before taking a track on the right – a single track that leads back to the village of Camarès and the starting point.

On your path...


la Frégière
Puech Mets
la Mine
la Fajole
la Borie
Mas de Jean Peyre
Font Vieille
Montaigut
Mas de Sestier
Bois Naut
les Canals
Mas des Cols
les Mines
le Mas d'Arlet
les Cadenasses
le Clapeyrol
Moulin de Grelle
Mas de Soliel
Mantoux
la Loubière
Peyre Grosse
le Bouis
le Besc
Puech Barbut
les Vayssières
le Joncas
les Brézols
la Grange Haute
la Grange Basse
Camp Paure
la Blaque
la Goude
Boutavy
Faragous
Mas d'Andrieu
les Cabrettes
Saint-Etienne
les Douzoux
la Pradé
le Moulin
la Fage
Solages
le Ramel
le Burgas
Campalviès
les Montagnettes
Sénégas
Bascau
GISSAC
Molières
Pestort
la Colombarié
Ladrech
Champ du Garric
les Rives
Coste Rouge
Andabre
les Pesquiès
les Planquettes
les Fraux
la Prade de Séliès
Paucou
Riols
Cazelles
Prugnes les Eaux
le Cayla
Gaillac
la Garde
le Mas d'Azema
la Jasse
les Montades
Forêt Domaniale de Camarès
Ramondedieu
500 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

How to come ?

Advised parking

Car park for the village hall

Information desks

Office de Tourisme Rougier Aveyron Sud

contact@tourisme-rougier-aveyron.com
Tel : 0565992913
http://www.tourisme-rougier-aveyron.com



Source

Sites VTT FFC