The St-Alban tour

Des Gorges du Tarn au Causse du Larzac





Sur le chemin autour du St-Alban (Virginie Govignon - OT Larzac et Vallées)

From Nant, explore the area around Mont Saint-Alban, so unique with its double hump, and discover a verdant countryside watered by small rivers and irrigation canals.

Here's an alternative to the climb to the Saint-Alban oratory: a leisurely, easy stroll around this hill overlooking the village of Nant and the rural Durzon valley. The canal system founded by the Benedictine monks in the Middle Ages and the Romanesque St-Martin du Vican chapel (privately owned) are the heritage highlights of this pleasant and invigorating loop.

Useful information

Practice : Trekking

Duration : 2 h

Length : 7.1 km

Trek ascent : 197 m

Difficulty : Easy

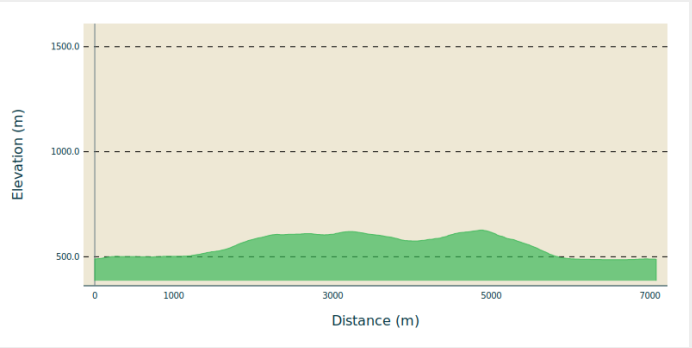
Type : Loop

Themes : History and heritage, Panorama, Water

Trek

Departure : Nant
Arrival : Nant
Markings : GR PR
Cities : 1. Nant

Altimetric profile



Min elevation 486 m Max elevation 627 m

1. From Place du Claux, walk alongside the market hall, cross Place St-Jacques, then follow the Chemin des Vernèdes Hautes, along the canal between the gardens (GR 71D Tour du Larzac). Pass the Vernèdes orchard, cross the campsite, and emerge onto the Route du Durzon. Follow it to the left until you reach the St-Martin bridge.
2. Cross the bridge over the Durzon, then continue along the road to the St-Martin du Vican chapel (private property, please admire it from the road). Turn right onto the small road that leads to Prat Nau for 100 meters, then take the dirt track on the left that will lead you to a junction with a track just before the farm shed. Continue along the track bordered by fields until you reach a junction.
3. Turn left, then right to reach the paved road. Turn left to reach Le Liquier and cross the hamlet.
4. At the exit, take the path to the left (marked GR trail, white and red signs) which gradually climbs uphill. Then continue to the right on the path that descends back towards Nant.
5. At the gas station, turn left to return to Place du Claux.https://lio.laregion.fr

On your path...



The covered Market (A)

All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

How to come ?

Transports

To travel by bus or train, by carpooling Aires de covoiturage and hitchhiking Rezopouce.

Access

33km southeast of Millau, via the D809 and D999 (Causse du Larzac) or via the D991 (Gorges de la Dourbie).

Advised parking

Place du Claux, Nant

Information desks

Tourist Office Larzac et Vallées
Place du Claux, 12230 NANT
infos@tourisme-larzac.com
Tel : +33(0)565622364
http://www.visit-larzac.com/



Source

C.C. Larzac et Vallées

On your path...



The covered Market (A)

The city of Nant obtained in 1369 the right to have fairs and markets, right granted by the Duke of Anjou. In the 15th century, the privileges of the city are confirmed: weekly markets are held there, 4 annual fairs are conceded, one of which lasted 3 days on November, 2, 3 and 4.
The covered market was rebuilt in 1706 an 1707, the first stone was laid on March, 13, 1706.
It is a squat, rectangular construction (30 m long and 8 m wide) with 12 pillars supporting the vault, interconnected by a semicircular arch.
On a pillar, a plaque commemorates the events of August 14 and 15, 1944 when two Nant’s civilians and seven maquisards from “Maquis des Corsaires” were shot.

Listed in the inventory of Historic Monuments since April 13, 1944.

Attribution : Sandrine Perego