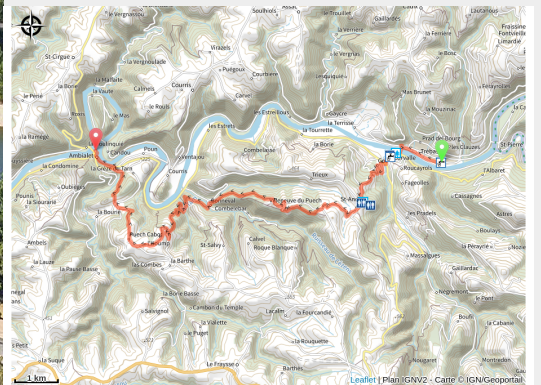


GR736® from Trébas to Ambialet

Gorges et Vallée du Tarn (GR® 736)



Ambialet - ©Exo Dams



In a valley on the left bank of the Ségala, look out over the meanders carved out by the River Tarn and you'll come to the most spectacular of them all: the Ambialet meander, which forms the narrowest isthmus in Europe

Following ridge paths, tracks and hillside trails along a wooded slope, you'll follow the Tarn from a distance as it winds its way through a steep-sided valley. Tip: save a little energy so that, once you reach Ambialet, you can climb the path of schist slabs leading up to the priory. From there, a panoramic view unfolds over the village's peninsula, embraced by the bend in the River Tarn.

Useful information

Practice : Trekking

Duration : 4 h 15

Length : 16.7 km

Trek ascent : 614 m

Difficulty : Hard

Type : Stage

Trek

Departure : Trébas

Arrival : Ambialet

Markings :  GR

Cities : 1. Trébas

2. Cadix

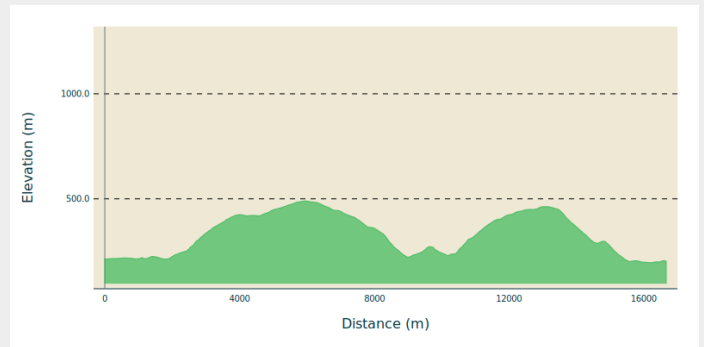
3. Curvalle

4. Saint-André

5. Ambialet

6. Le Fraysse

Altimetric profile



Min elevation 196 m Max elevation 490 m

Ici ne s'affiche que la portion du GR® 736 allant de Trébas à Ambialet

Pour plus d'information sur l'itinéraire complet :

Se procurer le Topoguide® édité par la Fédération Française de la Randonnée Pédestre : [boutique FFRandonnée/Gorges-et-Vallée-du-Tarn](https://boutique.FFRandonnée/Gorges-et-Vallée-du-Tarn) - (ffrandonnee.fr)

GR

TopoGuides

Gorges et Vallée du Tarn

Plus de 15 jours de randonnée

Grande Randonnée



GR
736

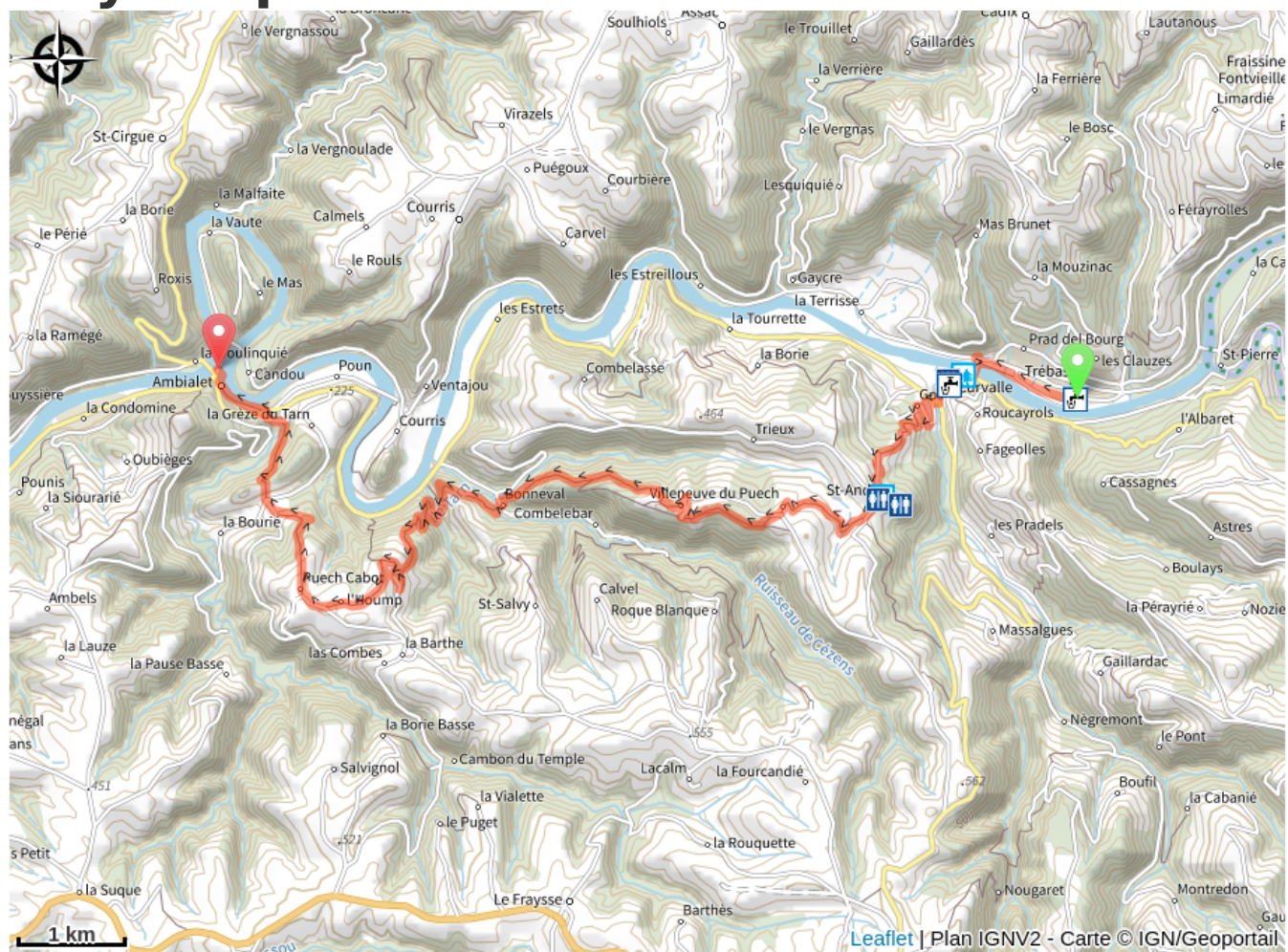


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On your path...



All useful information

Source



Fédération Française de la Randonnée Pédestre

<https://www.ffrandonnee.fr/>