Gravel N°16 - Gravel Ride to the Combalou

Des falaises de Roquefort au Rougier



Roquefort depuis le Combalou (Virginie Govignon)



This climb is certainly worth its cheese! The ascent of Combalou, the rock that shelters the Roquefort cellars, is the highlight of this route, crowned by a spectacular 360° panoramic view.

A gradual climb from Roquefort? Yes, but beware: the ascent along the foothills of Combalou soon becomes demanding, even if the landscape unfolding before you more than rewards your efforts. The descent, along a fairly rocky and bumpy trail, requires you to slow down and stay focused.

Useful information

Practice : Gravel

Duration : 1 h 30

Length : 12.5 km

Trek ascent : 360 m

Difficulty : Easy

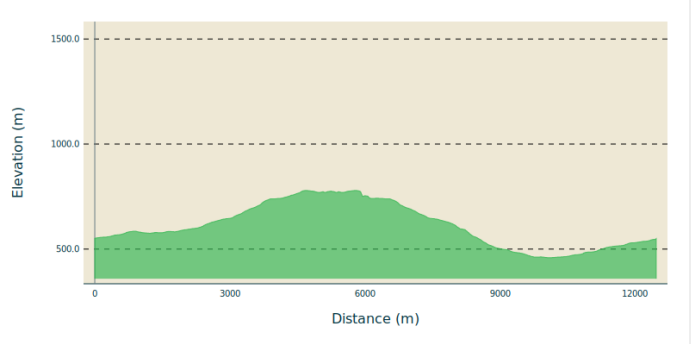
Type : Loop

Themes : Savoir-faire, Agropastoralism, Geology, History and heritage, Panorama, Top 20 à Vélo

Trek

Departure : Roquefort Tourist Office
Arrival : Roquefort Tourist Office
Markings : VTT Parc
Cities : 1. Roquefort-sur-Soulzon

Altimetric profile



Min elevation 459 m Max elevation 779 m

1. From the Tourist Office, follow the road towards the heart of the village, then take the first right at the traffic lights. After a few hundred metres, you will join the Combalou trail.
2. At this point, continue straight ahead towards the summit.
3. After a well-deserved break to enjoy the magnificent panoramic views over the surrounding area, it’s time to turn back towards Lauras. When you reach point “2” again, take the trail below you on your left.
4. After approximately 2 km of descent along a beautiful trail, follow the road to your right to return to Roquefort, with one final climb on the road.

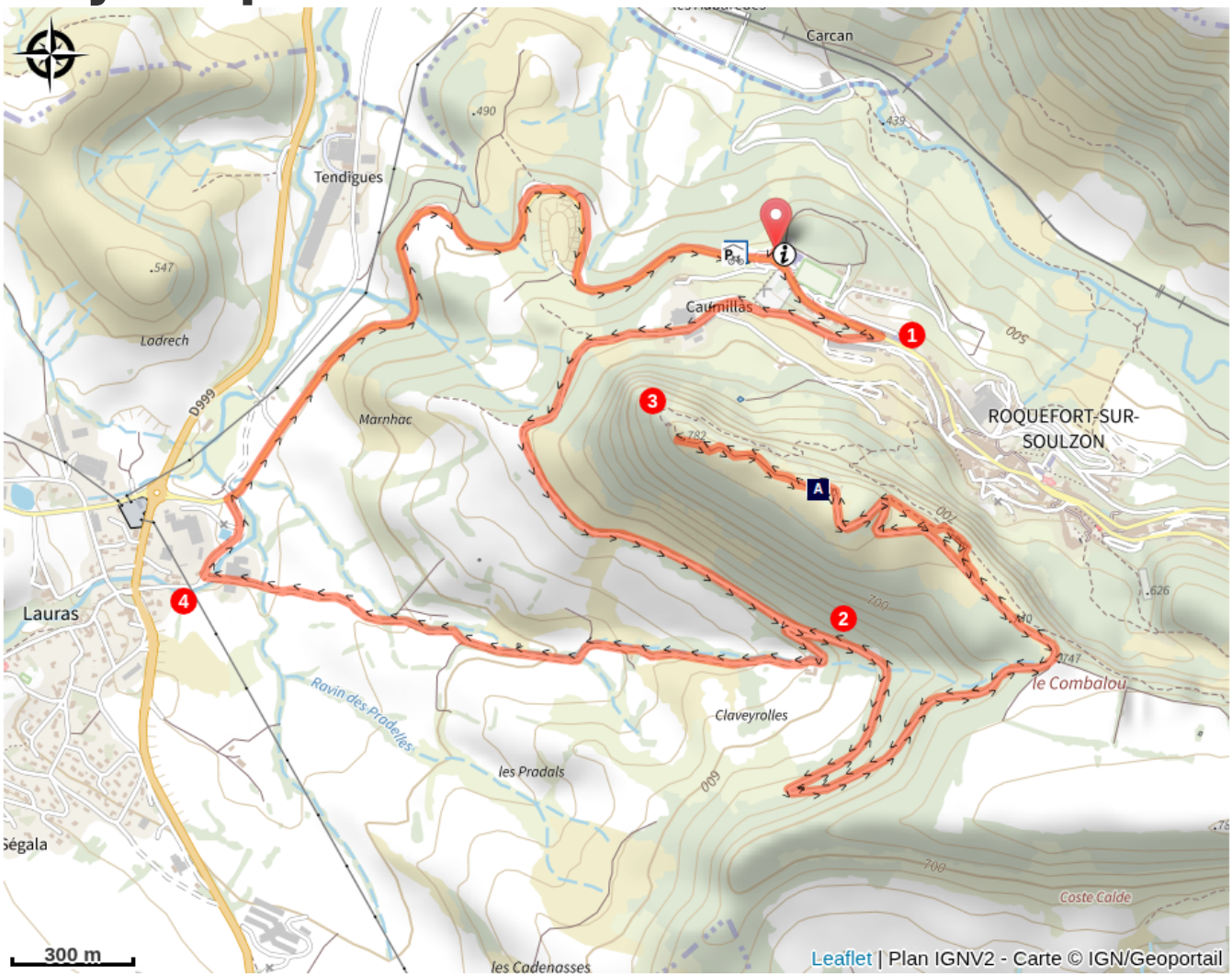
Point of interest : 360° panoramic view from Combalou : km 5

Technical section : Bumpy 2 km descent (reduce your speed to avoid falls and punctures) : km 7.5

37% roads and 63% trails

Riding time depending on your level : 1 to 1h30

On your path...



The Combalou Plateau (A)

All useful information

Gear

Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the Tourist Office website.

Access

Roquefort-sur-Soulzon, 25 km south-west of Millau via the D992, D999 and D23. 14 km from Saint-Affrique via the D999 towards Millau. At the roundabout in Lauras, take the D23 towards Roquefort.

Advised parking

Tourist Office Car Park, Roquefort-sur-Soulzon

Information desks

OT Pays du Roquefort
Avenue de Lauras, 12250 Roquefort/ Soulzon

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source

Espace GRAVEL FFC

On your path...



The Combalou Plateau (A)

The Combalou Plateau is a spectacular geological site located in the heart of the Roquefort region. Formed around 150 million years ago, when a shallow sea covered the area, this vast limestone landscape was shaped over time by layers of sediment.

Today, the Combalou is best known for its natural caves, which are essential to the production of Roquefort cheese. Crossed by natural fissures called “fleurines,” the plateau benefits from constant natural ventilation that maintains stable temperature and humidity levels. These unique conditions create the perfect environment for the aging of the famous Roquefort cheese.

Attribution : Roquefort Tourisme