A getaway on the Causse du Larzac

Des Gorges du Tarn au Causse du Larzac



Sur les routes du Larzac... (Virginie Govignon - OT Larzac et Vallées)



An invitation to discover a rugged and iconic plateau, through its steppe landscapes, its history linked to the Knights Templar and the Order of Hospitallers, its archaeological sites, and its small-scale agri-pastoral heritage

The gradual climb up to the plateau, from the verdant banks of the Dourbie, is the most challenging section of this route, which subsequently proves to be relatively easy going. Winding its way through barren moorland, fertile sinkholes and villages, the route then forms a loop across the vast expanse of the Larzac,

Useful information

Practice : Cycling

Duration : 2 h 40

Length : 40.1 km

Trek ascent : 624 m

Difficulty : Medium

Type : Loop

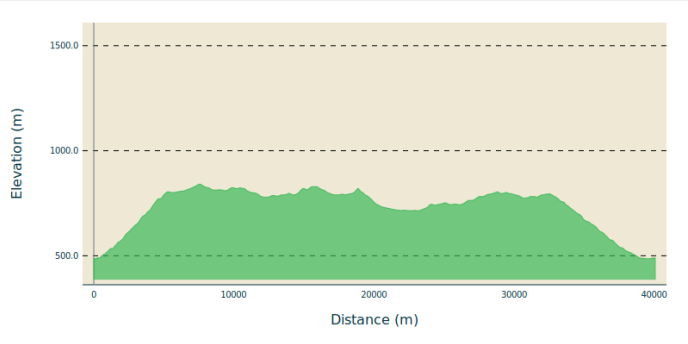
Themes : Agropastoralism, Geology, History and heritage, Top 20 à Vélo

whose terrain is more undulating than it first appears!

Trek

Departure : Nant
Arrival : Nant
Cities : 1. Nant
2. La Cavalerie
3. L'Hospitalet-du-Larzac
4. La Couvertoirade
5. Sainte-Eulalie-de-Cernon

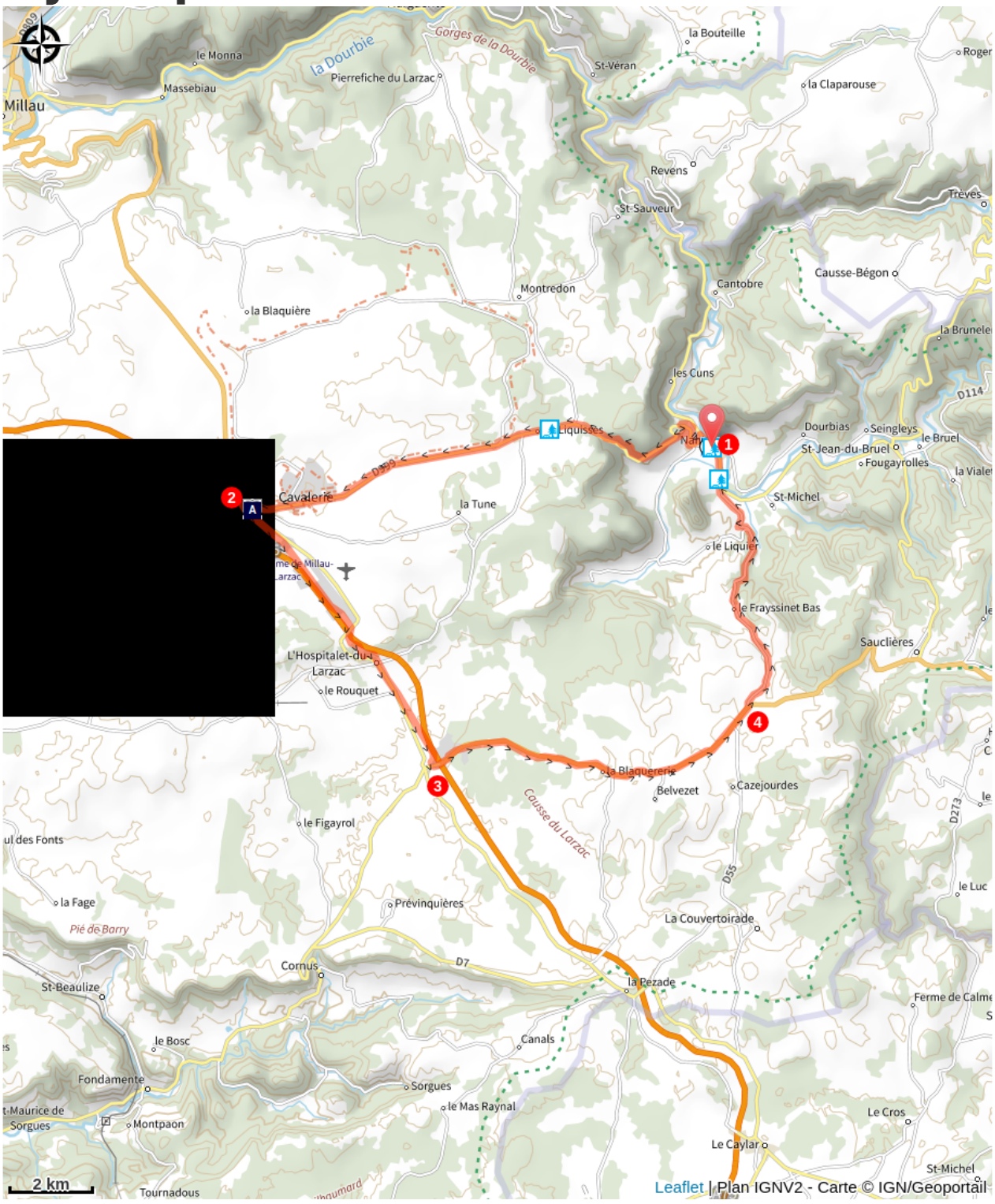
Altimetric profile



Min elevation 486 m Max elevation 841 m

1. From Place du Claux, head towards Millau. On leaving the village, turn left towards La Cavalerie, Millau (D999) to begin the climb towards Les Liquisses (5 km). Once on the plateau, pass through the hamlets of Les Liquisses Basses and Les Liquisses Hautes. Then follow the military training area to reach La Cavalerie. Pass in front of the ramparts and head for the junction with the D809 at the old coaching inn.
2. Carry on to the left towards L'Hospitalet du Larzac, passing by the aerodrome. Pass through the village of L'Hospitalet du Larzac (fountain, archaeology centre) and continue on the D809 to the hamlet known as "Les Places".
3. At the roundabout, turn left and follow signs for La Couvertoirade and Nant (D7), go over the motorway, continue to La Blaquèrerie and carry on straight ahead to the junction with the D55.
4. Turn left to head back down towards Nant. At the junction with the D999, turn left to reach the village centre.

On your path...



📖 The ramparts of La Cavalerie (A)

All useful information

How to come ?

Transports

Se déplacer en bus ou en train, en covoiturage Aires de covoiturage, en autostop Rezopouce

Access

33 km south-east of Millau via the D809 and D999 (Causse du Larzac) or via the D991 (Dourbie Gorges).

Advised parking

Place du Claux, Nant

Information desks

Tourist Office Larzac et Vallées
Place du Claux, 12230 NANT

infos@tourisme-larzac.com
Tel : +33(0)565622364
http://www.visit-larzac.com/



Source

C.C. Larzac et Vallées

Espace CYCLOSPORT FFC

On your path...



📖 The ramparts of La Cavalerie (A)

The fortifications of La Cavalerie, a centuries-old work against the test of time…
Situated at the north of the Larzac plateau, La Cavalerie was created in the 12th century by the Templars of Sainte-Eulalie commandery, settled on the Larzac Causse since 1152.

The Sainte-Marie church (1180) was included in the Knights Templars dwelling and included several buildings around a small courtyard. The village developed around this building, where the inhabitants found refuge in case of danger.

However, this protection as well as that of the Commandery of Sainte-Eulalie was considered insufficient during the Hundred Years War, where the Larzac, a wide open plateau, badly defended but provided with cattle, attracted the people of war. The commander of Sainte-Eulalie, Bertrand d’Arpajon, fortified the important places of his commandery: Le Viala du Pas de Jaux in 1430, then La Cavalerie, La Couvertoirade in 1439 and finally Sainte-Eulalie in 1442.

Source : Point accueil La Cavalerie.

Attribution : Point Accueil La Cavalerie