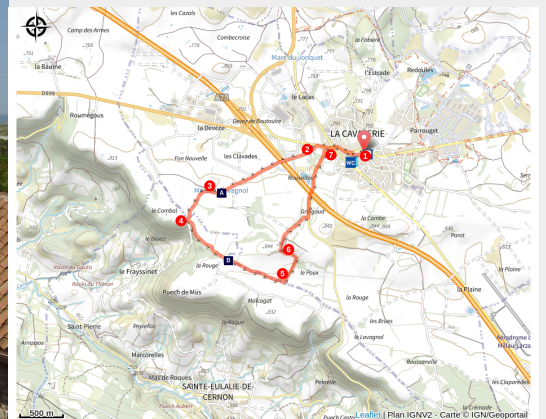


La mare du Lavagnol

Des Gorges du Tarn au Causse du Larzac



Chemin de ronde de La Cavalerie (Point Accueil La Cavalerie)



Starting from the ramparts of La Cavalerie, the discovery of an unsuspected Larzac: the plain of the Temple, fertile land cleared by the Knights Templar in the Middle Age for cereal cultivation.

Here, the agropastoral tradition coexists with the print of the Templars and Hospitallers to shape an unusual landscape. Along trails on the Larzac Causse, the alfalfa and cereal fields follow sheep pastures. Emblem of the walk: the Lavagnol pond, watering place for herds.

Useful information

Practice : Trekking

Duration : 2 h 20

Length : 6.7 km

Trek ascent : 86 m

Difficulty : Easy

Type : Loop

Themes : Agropastoralism, History and heritage

Trek

Departure : La Cavalerie

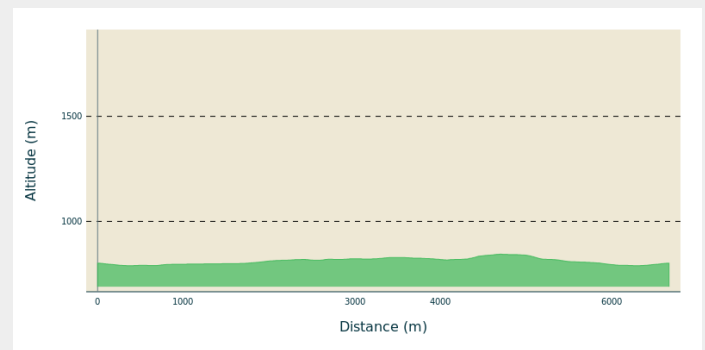
Arrival : La Cavalerie

Markings : — PR

Cities : 1. La Cavalerie

2. Sainte-Eulalie-de-Cernon

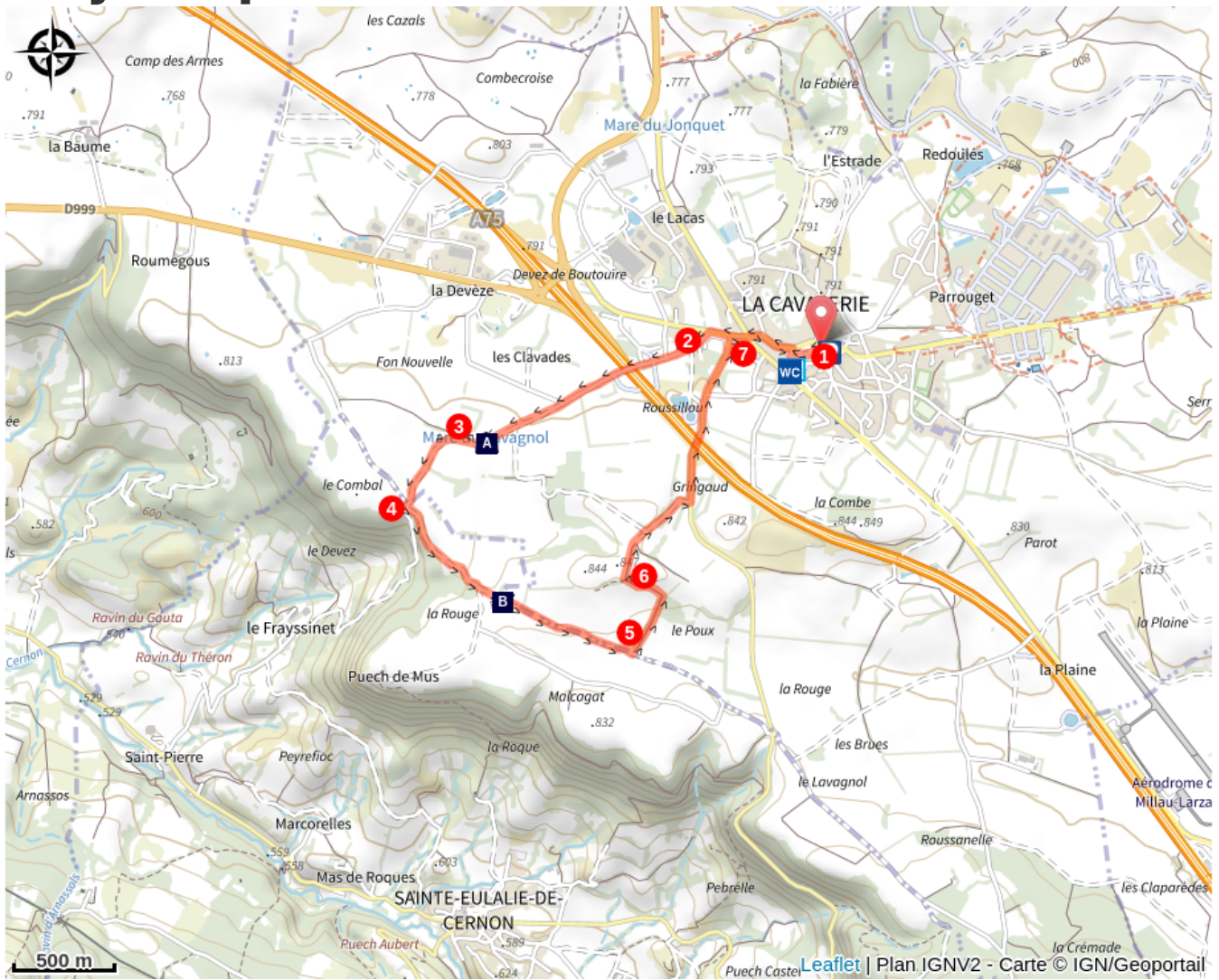
Altimetric profile



Min elevation 789 m Max elevation 844 m

1. From the town hall, enter into the fortifications by the "Tour des Commandeurs" (east gate), and take "Rue de la ville", then exit by the "Place des Templiers" (west gate), turn right to access the D999 then left to join the crossroads with the D809. Cross it and take in front the direction of Saint-Rome de Cernon, St-Affrique (D999), continue on 250 m then turn on the left after the second intersection.
2. At 200 m, continue right on the road that passes on the motorway. At the first crossroads, continue straight.
3. After the "mare du Lavagnol" (cobble watering place), turn left.
4. At the next crossroads, turn left on a wide track (leave the GR®), let on the right a stony path to Sainte-Eulalie de Cernon. Continue on the track for 900 m.
5. Turn left on a grassy path which climbs gently towards a grove. At the first junction, make a hairpin turn on the left on a large stony path.
6. At the next fork, turn right, then continue straight on. Perform a short slope to arrive on the road to Sainte-Eulalie. Follow it to the left. Pass under the motorway and find the D999.
7. Turn right towards the parking.

On your path...



 The watering place of Lavagnol (A)  The plain of the Temple (B)

All useful information

How to come ?

Transports

To travel by bus or train: <https://lio.laregion.fr/>

Think carpooling [Aires de covoiturage](#) and hitchhiking [Rezopouce](#)

Access

From Milau by the D809.

From the A75 motorway (Béziers - Montpellier ou Clermont-Ferrand), exit 47.

Advised parking

At the foot of the Northern rampart

Information desks

Tourist Office Larzac et Vallées

Place du Claux, 12230 NANT

infos@tourisme-larzac.com

Tel : +33(0)565622364

<http://www.visit-larzac.com/>



Source



C.C. Larzac et Vallées - CDRP Aveyron

On your path...



The watering place of Lavagnol (A)

On the Causses, the « lavognes » (cobbled watering place), are natural clay troughs, often circular, serving as a watering place for herds and fed exclusively by rainwater.

In the second half of the 19th century, the number of sheep was more important, and people decided to build bigger cobbled watering places. They are the only permanent water points with the natural watering place for animals and as such, they are precious and well maintained.

Attribution : Sandrine_Perego



The plain of the Temple (B)

The vast desert expanses of the Larzac plateau usually evoke landscapes of desolation... The western fertile lands of La Cavalerie contrast with the arid areas located at the east. The cultivation of "the Plain of the Temple" is the work of the Templars since they cleared the land in the 12th century in order to produce grain.

Cereals and forage plants are still cultivated today, and thanks to the absence of chemical weeding, we can see a profusion of "harvest" plants: poppies, blueberries ... which offer, to the eye of the hiker, beautiful colorful landscapes...

Attribution : SandrinePerego