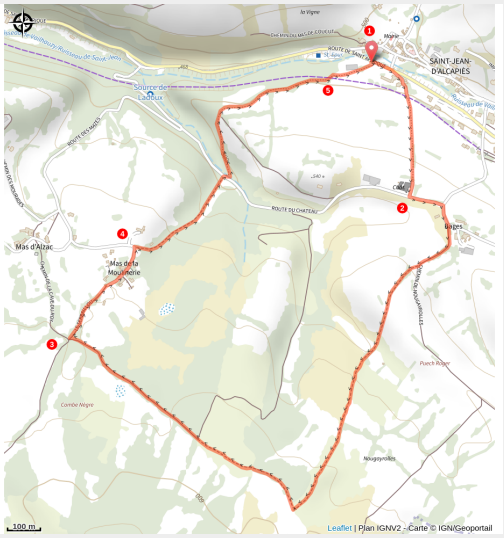
A tour around Alzac

Des falaises de Roquefort au Rougier



Le tour d'alzac (Virginie Govignon)



Make the most of your holidays in the Saint-Affrique countryside throughout buissières (narrow passages between two rows of box trees) and enjoy a family hiking loop unaffected by the passing of time, around Saint-Jean-d'Alcapiès, on the trail of iconic farmhouses with their typical Caussenarde robust architecture.

From castel Crémat an ancient fortified residence of the lords of Saint-Jean-d'Alcapiès (now turned into a luxurious gite: Les castel d'Alzac), along with the Mas de la Moulinerie and Bages, enjoy a tour dedicated to the discovery of Caussenard buildings, castles and farmhouses, these important features of a

Useful information

Practice : Trekking

Duration : 1 h

Length : 4.2 km

Trek ascent : 122 m

Difficulty : Easy

Type : Loop

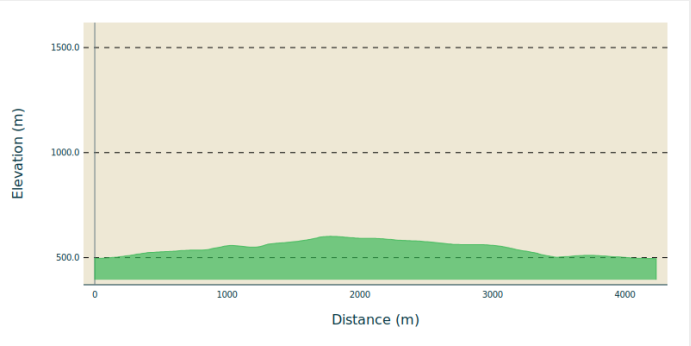
Themes : Agropastoralism, History and heritage

pastoral landscape of hedges, box-trees and low stone walls.

Trek

Departure : The car park of Alcapia is situated in Saint-Jean d'Alcapiès
Arrival : The car park of Alcapia is situated in Saint-Jean d'Alcapiès
Markings : PR
Cities : 1. Saint-Jean-d'Alcapiès

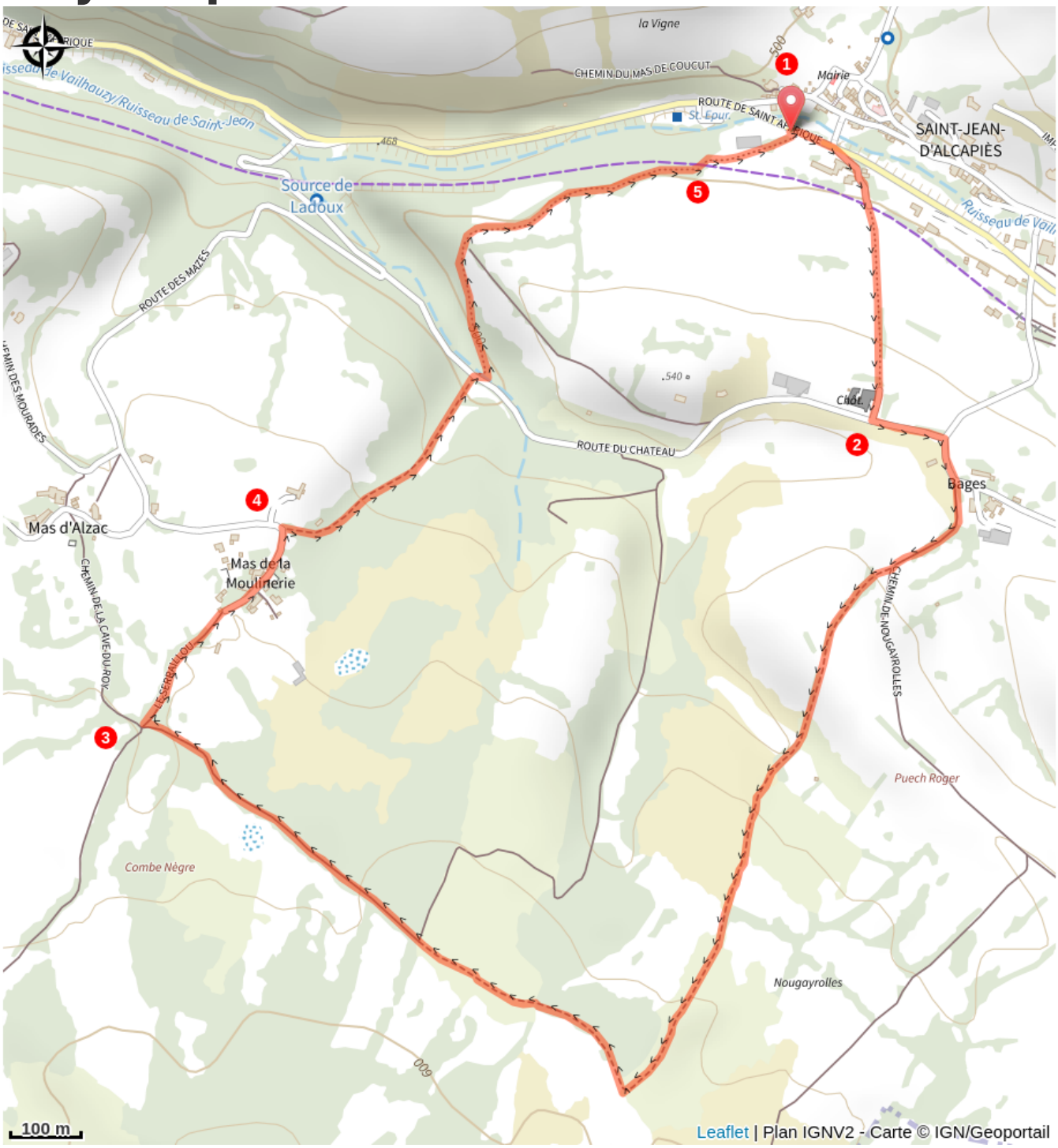
Altimetric profile



Min elevation 495 m Max elevation 602 m

1. When you leave the Alcapia car park, walk along the road to your right for 100 m, then take the first turn on the right, which is a small ascending road. When you reach the crossing of two dirt tracks (green lanes), go straight ahead.
2. Once you have reached the Castel d'Alzac, walk across the car park and take the left hand road up to a crossroads where you turn to the right for 50 m, then take the path to the right for 200 m up to a buissière on your right (a narrow path lined with two rows of box trees). Carry straight on between the box trees for 2 km.
3. At the junction, leave the large trail opposite by taking the small path to your right.
4. On your way out of the hamlet, once you’ve passed a stone cross turn right along a small path, carry on for 400 m, then walk across the street.
5. Walk under the bridge carrying the green way to reach the car park

On your path...


la Vigne
CHEMIN DU MAS DE COUCUT
Mairie
ROUTE DE SAINT-AMANS
SAINT-JEAN-D'ALCAPIÈS
Source de Ladoux
ROUTE DES MATÉS
CHEMIN DES MOURADES
ROUTE DU CHATEAU
Bages
Mas d'Alzac
Mas de la Moulinerie
CHEMIN DE LA CAVE DU ROY
CHEMIN DE NOUGAYROLLES
Puech Roger
Combe Nègre
Nougayrolles
100 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

Advices

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk

Gear

Prévoir une réserve d’eau et une tenue adaptée

How to come ?

Transports

Travel by bus or train: https://lio.laregion.fr/

Carpooling : BlaBlaCar, Rézo Pouce, Mobicoop, Idvroom, LaRoueVerte, Roulez malin

Access

From Saint-Affrique, take the D999 road towards Millau. After 6 km, turn right onto the D293 road towards Saint-Jean-d'Alcapiès

Advised parking

The Alcapia car park in Saint-Jean d'Alcapiès

Information desks

OT Pays du Roquefort
Avenue de Lauras, 12250 Roquefort/ Soulzon

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/



Source