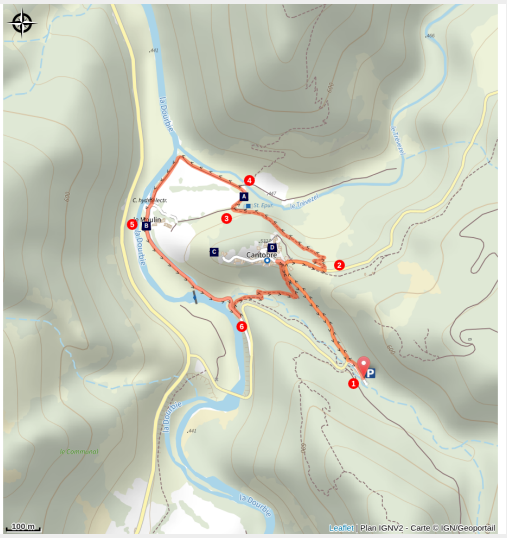
Discovery trail of Trevezel Gorges

Des Gorges du Tarn au Causse du Larzac





En bordure du Trévezel (Virginie Govignon - OT Larzac et Vallées)

Around Cantobre, a village perched on a promontory of Causse Bégon, a walk in the gorges of Trévezel, whose steep slopes are home to an exceptional biodiversity.

A dizzying cut between the Causse Bégon and the Causse Noir, the gorges of Trévezel display impressive dolomitic rocks overhanging the vegetation of thickets, beech trees, oaks, and black pines. The hike, starting from the beautiful village of Cantobre, revolves around the confluence of the Trévezel, which comes from the Aigoual, with the Dourbie River.

Useful information

Practice : Trekking

Duration : 1 h 15

Length : 3.0 km

Trek ascent : 88 m

Difficulty : Medium

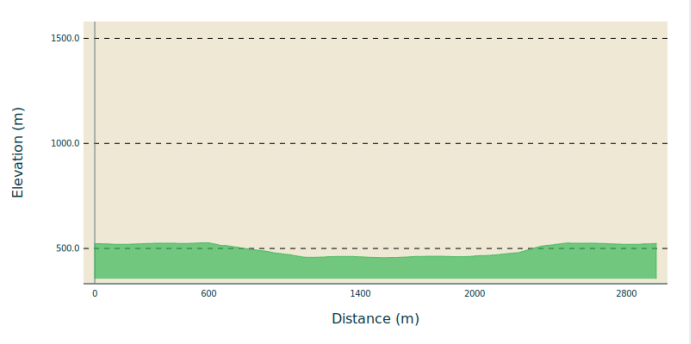
Type : Loop

Themes : Fauna, History and heritage, Panorama

Trek

Departure : Cantobre, Nant
Arrival : Cantobre, Nant
Markings : PR
Cities : 1. Nant

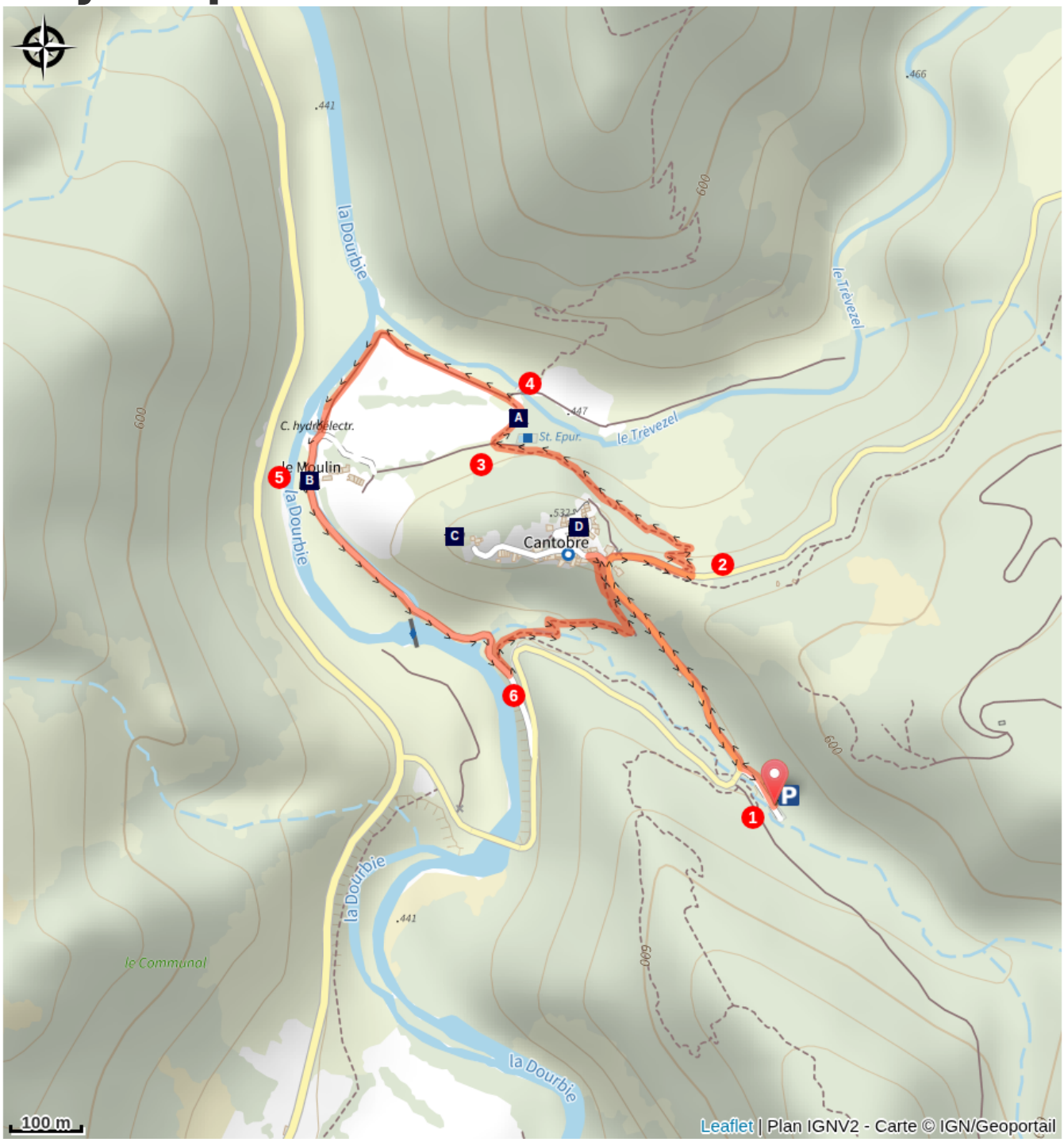
Altimetric profile



Min elevation 456 m Max elevation 527 m

1. From the parking, take the D145 for 380m to reach the village of Cantobre.
2. At the exit of the village, turn left (leave the road) and enter the path that goes into the woods. First narrow and steep, the path becomes more comfortable. Continue for 450 m.
3. At the treatment plant, the path leads to an intersection. Take the path opposite.
4. Continue straight on the path (don’t cross the fording). The path continues with a track to the mill (follow yellows signs).
5. From the mill, take the small road along a stream for 900 m and then goes up towards Cantobre.
6. Turn left and go up the path for 150 m , then turn left again to reach the village of Cantobre.

On your path...



The bearded vulture (A)
Panorama on the gorges of Dourbie river (C)
The mill and the canal (B)
The church Saint-Etienne de Cantobre (D)

All useful information

Is in the midst of the park

This itinerary is located in the World Heritage zone Causses and Cévennes, mediterranean agropastoral cultural landscape.

Advices

You cross a sensitive natural area, presenting animal and plant species of heritage interest. Please, stay on marked paths, respect private property and nature. Don’t pick flowers. Bring back your waste, take care of the risk of fires. Keep dogs on a leash. Put on good shoes and take enough water. Check the weather forecast before leaving.

How to come ?

Transports

To find a means of transport go to Hérault transport
Think about carpooling and hitchhiking: Rezopouce

Access

From Millau, take the D991 towards Gorges de la Dourbie, Nant. Then turn left in direction of Cantobre, about 5 km before Nant.

Advised parking

Parking 400m before the entrance of the village

Information desks

Tourist Office Larzac et Vallées
Place du Claux, 12230 NANT
infos@tourisme-larzac.com
Tel : +33(0)565622364
http://www.visit-larzac.com/



Source

On your path...



The bearded vulture (A)

Since 2012, a project to reintroduce bearded vultures has been launched in the Grands Causses with the aim of strengthening the French population of bearded vultures.
Two sites were selected to let the birds go, one in Meyrueis, in the Jonte gorges and the other in the municipality of Nant, on the Trévezel Gorges.

The bearded vulture is one of the 4 species present in France and one of the largest raptors in Europe.

It is a scavenger and feeds on bone remains taken from ungulate carcasses (sheep, goats, chamois ...).

Attribution : LPO Grands Causses



The mill and the canal (B)

Located at the foot of the hamlet, on the Dourbie River, you can see the mill of Cantobre. In the past, it was a mill for grinding wheat, nowadays it is a micro power station. It is fed by a canal, which brings the water of the Dourbie retained upstream by a dam. A fishway has been set against the dam, allowing them to go up the river even if there is no more water flowing on the river in summer.

Attribution : Alain Bonnemayre



Panorama on the gorges of Dourbie river (C)

From the village of Cantobre, you can admire on one side the panorama on the Gorges of Dourbie and Trevezel and on the other side on the Dourbie Valley.

Attribution : SandrinePerego



The church Saint-Etienne de Cantobre (D)

The church Saint-Etienne de Cantobre, attached in 1135 to the abbey of Nant, became parish at the end of the 12th century. Only the apse with three sides, lit by three windows, and the span of the choir are Romanesque. The nave and side chapels were rebuilt in the 16th century.
The bell tower houses a bronze bell from 1630, it is on the list of objects classified M.H. November 5, 1943.

Attribution : Alain Bonnemayre