Green Lane linking St-Affrique and Vabres l'Abbaye

Des falaises de Roquefort au Rougier



Voie Verte (Virginie Govignon)



This pleasant stroll which runs along the banks of the Sorgues river and follows the course of an ancient railway allows to discover Saint-Affrique and the Episcopalian city of Vabres from a new perspective.

The river banks and a railway converted into a green lane offer you to saunter along the «banks and greenery» side of Saint-Affrique. This outing is an unusual way to discover six bridges that span over the Sorgues or the Dourdou rivers: Railway Bridge, Centenary Bridge, medieval Old Bridge, pont Neuf (new bridge), Resistance Bridge, and Vabres Bridge.

Useful information

Practice : Trekking

Duration : 3 h 30

Length : 11.8 km

Trek ascent : 68 m

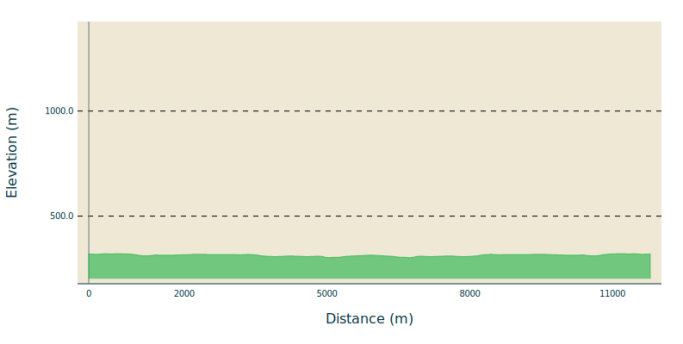
Difficulty : Very easy

Type : Return

Trek

Departure : Boulevard de la Capelle (vers le Quai)
Arrival : Vabres l'Abbaye (salle des Fêtes)
Markings : PR
Cities : 1. Saint-Affrique
2. Vabres-l'Abbaye

Altimetric profile



Min elevation 302 m Max elevation 321 m

From the Social Centre "Le Quai" (former station), head towards the bd de la Capelle and walk along the Super U supermarket, turn to the left to leave the road and take the green lane. Walk behind the retirement home. Carry on along the quays bellow the church, pass under a bridge and after having walked across the carpark, turn left on the rue du général de Castelnau. Follow this road for less than 200 m and go down left to amble on the green lane, alongside the river. Pass under a bridge and reach the roundabout. Turn right to walk across the bridge, then turn right once more just after the bridge (do not go up to up to the traffic lights), then turn to the left (between the apartment block and the Hospital), walk carefully across main road and take opposite a very small road that leads you to the green lane. Follow the green lane for 1.2 km, cross main road on the Pedestrian crossing and get back to the green lane opposite. As you reach a business park, pay attention to the green lane markers; at the roundabout carry straight on. Once you've passed the insemination centre of the General Confederation of Roquefort, turn to the left and walk between fields, then along houses. Follow main road on the right for 200 m, then turn to the left to pass between the community hall and the chemist's. You now reach the Camper-van service station, turn right to walk into the tree-lined alley up to the far end where you turn right twice to get back to main road.

Retrace your steps back to St-Affrique.

On your path...



les Mourrades
Puech de Lunas
la Vayssière
les Soutets
Rayouze
Col de la Pale
Bages
Combe de Bages
les Serres
Roque Rousse
le Travers
Nougayrolles
la Roche
Peret
Touloupy
les Escarbassols
le Moulin du Ju
Puech Capelle
la Favarède
la Rouquette
Roubiac
le Martinet
Planage de Touloupy
Monnargues
la Baume
Camaras
le Travers des Cases
Savignac
les Cazes
la Cazotte
Julhac
le Dourdou de Camarès
la Sorgues
Vaxergues
SAINT-AFFRIQUE
le Poujol
le Vern
le Barthas
le Bourguet
Boussy
la Salze
Mas de Rouby
la Vernière
le Tounic
le Vieuzet
VABRES-L'ABBAYE
le Moulin de Madame
Rayssoudès
Vanière
la Serre de Nayrac
les Condamines
le Pesquié
Balros
Mas de Gantou
le Joncas
les Méjalies
le Travers de Couat
Mas de la Vigne
la Môle
Puech de la Martelle
le Pouget
Mas de Cadenet
Montcamp
Rivalte
Dourbiette
les Teiches
Mas de Poumet
le Miral
les Tux
Dourbie
Puech Rouel
le Montet
Mas de Ferrières
Vendeloves
Bias
la Fagette
Bois Grand
le Rial
la Plaine
Puech Long
les Colombi
Sainte-Catherine
la Pise
Couhous
Couhoux
Magarusse
le Plo du Bosc
les Travers de la Pise
les Pascals
500 m
Leaflet | Plan IGNV2 - Carte © IGN/Geoportail

All useful information

⚠ Advices

Box tree moths are active from May to October. During the caterpillar phase, they feed on the leaves of box trees. They crawl down trees and move on long silken threads, although these threads are annoying when hiking they do not pose any health risk

Gear

Prévoir une réserve d’eau et une tenue adaptée

How to come ?

Transports

Travel by bus or train: https://lio.laregion.fr/

Carpooling : BlaBlaCar, Rézo Pouce, Mobicoop, Idvroom, LaRoueVerte, Roulez malin

Access

Via the Via the A75, 46 or 47, then follow the D999 towards Saint-Affrique / Albi. Arrival in Saint-Affrique via the D 999. From Millau drive across the town, cross the river Sorgues, Foch square is next to the bridge. From Albi, head towards the town centre, Foch square is next to the public park.

Advised parking

Boulevard de la Capelle

Information desks

OT Pays du Roquefort
Avenue de Lauras, 12250 Roquefort/ Soulzon

contact@roquefort-tourisme.fr
Tel : 0565585600
http://www.roquefort-tourisme.fr/

